FROM THE PRINCIPAL

After School Chinese Program: Once again this year families have the opportunity of accessing Chinese language classes, after school. This is a user pay program, costing $100 per student for each term. The classes will be held each Thursday from 3.45 pm to 5.00 pm. If you would like to enrol please complete the attached enrolment form. Spare application forms can be obtained from the office.

Playgroup: Playgroup will recommence next Tuesday in the Technology Room, with Mel Sowerby being the program co-ordinator for Term 1, replacing Bianca who resigned from the position at the end of last year. The arrangements, time and venue will remain the same for Term 1 and then reviewed at this time for the rest of the year.

Whole School Picnic: Our first major event for the year is the Whole School Picnic which is scheduled for Friday the 14th of February at Cowes. It is a fantastic day and a great opportunity for the whole school community to come together and meet each other and get to know staff, students and parents in an informal atmosphere. Parents’ Club and the School supply lunch for everyone in attendance. To assist with catering arrangements please returned the attached permission slip as soon as possible and it is very important to specify whether or not your child/ren need transport to this event. It always is a fantastic day and an event that students always look forward to being part of.

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday 5th February</td>
<td>Foundation Students not required at School</td>
</tr>
<tr>
<td></td>
<td>Grade 3 and Grade 4 Information Afternoon at 3.30pm</td>
</tr>
<tr>
<td>Thursday 6th February</td>
<td>Parents’ Club Meeting in the Technology Room at 2.30pm</td>
</tr>
<tr>
<td></td>
<td>After School – Chinese Program Commences</td>
</tr>
<tr>
<td></td>
<td>3.45 – 5.00 pm in Mr Adams Room</td>
</tr>
<tr>
<td>Monday 10th February</td>
<td>MEAL DEAL: Pizza and Garlic Bread - $3.00</td>
</tr>
<tr>
<td>Tuesday 11th February</td>
<td>Parent Information Evening for Grade 5 and Grade 6 at 4.00pm in the BER Building</td>
</tr>
<tr>
<td>Wednesday 12th February</td>
<td>Grade 2 Parent Information Session at 3.40pm</td>
</tr>
<tr>
<td>Friday 14th February</td>
<td>Whole School Picnic</td>
</tr>
<tr>
<td></td>
<td>Cowes – Philip Island</td>
</tr>
<tr>
<td></td>
<td>Meeting at 10.00am at Cowes or departing School at 9.00am</td>
</tr>
<tr>
<td>Wednesday 19th February</td>
<td>February School Council Meeting</td>
</tr>
<tr>
<td></td>
<td>8.00 pm Start – Staffroom – all welcome.</td>
</tr>
<tr>
<td>Monday 10th March</td>
<td>Labour Day - No SCHOOL</td>
</tr>
</tbody>
</table>
PLEASE take care at all times in the Car Park areas. Caution and alertness needs to be uppermost in everyone’s minds when in these areas.

It is very important that if any parent or friend of the school has any concerns, queries or problems regarding any aspect of the school to bring it to the attention of your child’s teacher or Allan straight away. Under no circumstance should parents/guardians approach other students in the school grounds.

**THUMBS UP**

- To Bradley and Ashlee who did a fantastic job at their first School assembly yesterday. Their first official role for 2014.
- To all of our new students who have really settled in well and have made a very positive start to the school year.
- To Virginia and Roger Smith who celebrated their 41st Wedding Anniversary on Monday – a fantastic achievement.
- To all the students who are wearing their full uniform and correct hats. Well done guys!
- To Hayley who volunteers to assist Mrs Smith in the office, which is greatly appreciated.
- To Bailey Y – (grade 6) who has taken on a special project near the Art Room. A great idea Bailey – look forward to seeing the end product of all your work.
- To the Grade 3 students who have created a fantastic display outside of their classroom, outlining their goals for the 2014 School Year. Please take the time to have a look at these.
- To all of the senior buddies who have worked so well with their younger buddies throughout the first week of school. The pictures they created of their buddy look terrific.

**IMPORTANT REMINDERS**

**PARENTS’ CLUB**

Our first Parents’ Club meeting for this year will be Thursday 6th February at 2:30pm in the Technology Room. For our new families this is the round building near the hall car park.

All new parents are encouraged to come along, join us for a cuppa and a run through of what goes on - toddlers welcome to come and play.

Any further info or if you have any suggestions please feel free to let me know. I can be found most days between the Foundation rooms & Junior Learning Centre or you can contact me via the Parents’ Club Cardinia Facebook page.

Thanks & hope to see you all tomorrow.

Lana Van Berlo - President
Friendly Reminders:
When parking on Cardinia Road – school side please leave space between the fence and your car to allow for a clear walkway for parents and children to walk in safety to the school entrance. Walking along Cardinia Road needs to be avoided at all times.

It is important that children arrive punctually at school, 5 – 10 minutes before bell time in the mornings so that their day can commence on time and in a casual manner.

Cardinia Road and the front of the Hall car park are available for parents to park and pick up students, or there are limited spaces in the Church Car park located off Dalmore Road, but please don’t park on the Nature Strip or block the driveways in this area.

It is School policy that all students need to be collected by an adult, at the end of the day, to avoid an accident from occurring in these congested areas, which can get very hectic at the end of the day for 15-20 minutes. Your assistance, patience and understanding in this matter would be greatly appreciated.

Parents and Friends of students are reminded that smoking and the consumption of alcohol is not permitted on school grounds or when participating in school activities when students are present.

How Do I raise an issue or make a complaint?
It is very important for any school to know if any families or individuals have any concerns about the school their child/ren are attending so that the issue can be addressed, misconceptions corrected or issues followed up. Cardinia Primary School is no different and it’s important that such concerns are taken to the school directly and that the school should always be the first point of contact. We need to know if you have any concerns about your child’s education or well-being. Teaching and learning works best when parents and teachers talk to each other and work together to solve any problems.

When contacting the school:
- Plan what you want to say, so you can clearly explain what the problem is. (You might want to take notes.)
- Have some ideas as to how the problem could be solved.
- Talk about the problem with your child’s teacher/s or principal by telephone or organise a face to face meeting. Most problems can be solved this way.
- If you still have a concern after talking to your child’s teacher/s you need to speak to the principal.
- Remember you can be supported at any meeting by a friend, colleague or representative from a support organisation if you wish.

FROM THE OFFICE

EMA
Education Maintenance allowance is paid to any Parent who holds a current and valid Health Care Card or Pension card. Please see Virginia at the office for an application form. Any applications must be completed by the 28th February 2014 (no late applications can be accepted).

CONVEYANCE ALLOWNACE
If a student lives more than 4.8km from this school and this is their nearest school, the parent may be entitled to Conveyance Allowance. Please also see Virginia at the office for a form to fill in.

PERSONAL DETAILS
If any of your personal contact or medical details have changed please let the office know. It is very important that we have student’s up to date information in case of emergencies.
**Student Medication**

If you completed a Medication Request Form last year for your child/ren and wish to continue having medication kept at school the Department of Education requires you to complete a new Medication Request Form.

The Medication Request Form is available at the Office. Medication cannot be given to students without this form being completed.

We are unable to give students medication that is past its expiry date so please come in and check if the medication we hold for your child is still within its expiry date.

Medication to treat asthma or anaphylaxis does not need to be accompanied by a Medication Request Form as it is covered by a student’s Asthma Care Plan or Action Plan for Anaphylaxis.

**Asthma**

If we have an Asthma Care Plan (previously known as a School Asthma Action Plan) for your child and it is more than three years old we will be requesting that you have this reviewed with your doctor and a new plan completed.

---

**What can parents and carers do to help their child’s asthma at school?**

- If your child is self-managing their asthma, or capable of taking their asthma medication independently, ensure that your child is always carrying their reliever medication (*e.g.* Ventolin, Asmol, Airomir and Bricanyl) as well as a spacer while at school.
- Ensure that you have provided your child’s school/preschool with an updated Asthma Action Plan.
- Ensure that your child knows how to recognise early symptoms of an asthma attack and check to make sure they are using their reliever medication properly.
- Ensure your child will seek help from school/preschool staff if they experience asthma symptoms.
- Ensure that your child’s asthma is being well managed and that their medication and management is reviewed annually by your GP (this is a good opportunity to also update the Asthma Action Plan required by your child’s school/preschool).

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Our Art Room needs any old magazines, especially ones that feature trucks or cars. If you are able to donate any please leave them in the Art Room. Any donations would be greatly appreciated.

Emma Parker
These very cute kittens are **free**. They will be adopted out on a first in best dressed basis. Please contact Jo on 0417 346 638. Do it soon so you don't miss out. They will be available in 2 - 3 weeks.

**GRADE 1 PARENT INFORMATION SESSION**
Our Grade 1 Parent Information Session will be held on Monday 10\textsuperscript{th} February at 3.45pm in Miss Henson’s Classroom. We hope to see you there.

**GRADE 2 PARENT INFORMATION SESSION**
Parents are welcome to come to the year 2 information night on Wednesday the 12\textsuperscript{th} of February. The information afternoon will be held in the 2W classroom (Room 7). We’ll see you all there.

**GRADE 3 AND 4 PARENT INFORMATION SESSION**
The Grade 3’s and 4’s will have an Information Session today to discuss the year ahead. The information afternoon will be held in each grade classroom area and will commence at 3.30pm. If you have any questions, please see your child/ren’s Class Teacher.

**GRADE 5 AND 6 PARENT INFORMATION SESSION**
Our Grade 3 and 4’s will have their Information Session on next Tuesday 11\textsuperscript{th} February in the BER building commencing at 4.00pm. If you have any questions, please see your Class Teacher.

**THIS WEEK’S MEAL DEAL IS PIZZA AND GARLIC BREAD FOR ONLY $3.00**
WHOLE SCHOOL PICNIC:

The Annual – Whole School Picnic – is taking place on Friday the 14th of February. This is a traditional event of the Cardinia Primary School community and is held at the start of the year to give parents, students and staff the opportunity to meet and greet in a more informal atmosphere and is a great way to kick off the School Year.

Once again this year the picnic will be held at the Cowes Beach - Phillip Island commencing at 10.00 am. We encourage as many friends of the school and parents, grandparents to attend this event. Please complete the attached permission form to assist the Parents’ Club in meeting the catering needs of the day and arrange any transport that may be required.

Students who require a lift to this event need to be at school by 8.45 am and wait near the main entrance to the school. (Hall Car Park). All transport will be leaving the school at 9.00 am and returning to school as close to 3.30 pm as possible. Families who are going direct or providing their own transport do not need to come to school but can drive directly to the picnic area.

*** Remember if your child requires a lift and is 7 years or under then you will need to provide us with a booster seat for the trip. This is a legal requirement.

Following is a brief outline of the day:

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>10.00 am</td>
<td>Everyone arrives and rolls are taken by class teachers.</td>
</tr>
<tr>
<td>10.15 am</td>
<td>Slip Slop Slap takes place and any announcements made.</td>
</tr>
<tr>
<td>10.30 am</td>
<td>Start our Walk along the beach.</td>
</tr>
<tr>
<td>11.00 am</td>
<td>Buddy Sandcastle / Beach Sculpture competition</td>
</tr>
<tr>
<td>12.00 Noon</td>
<td>Lunch time for all – sausage in bread, corn, watermelon and cordial</td>
</tr>
<tr>
<td>12.30 pm</td>
<td>Beach activities</td>
</tr>
<tr>
<td>2.00 pm</td>
<td>Pack up and return to school for those students requiring transport.</td>
</tr>
</tbody>
</table>

Things to bring along:
- Water Bottle / Drink Cup
- Bathers/ Worn under clothes
- T-shirt or Rash vest to be worn at all times – even when in the water
- Snack
- Hat
- Appropriate footwear for the beach. No Bare Feet under any circumstances
- Change of clothing / towel
- Sun Screen

Please Don’t Bring:
- Any extra beach toys, except for plastic buckets and spades.
- No flotation devices or boogie boards.

Friday the 15th is a normal school day for all students attending the picnic and as such they will be under the supervision and direction of staff from 10.00 am to the conclusion of the activity at 2.00 pm. All children are expected to be part of the planned activities and parents and friends are more than welcome to join in. At 2.00 pm all children are expected to exit the beach area and we will pack up. Families who are staying longer can return to the beach area after the clean-up has been completed.
## Phone Orders 59 98 84 88

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ham &amp; Cheese Croissant</td>
<td>$4.50</td>
</tr>
<tr>
<td>Kraasnay</td>
<td>$4.00</td>
</tr>
<tr>
<td>Hot Roast Chicken Roll</td>
<td>$5.20</td>
</tr>
<tr>
<td>Spinacho &amp; Ricotta Roll</td>
<td>$5.70</td>
</tr>
<tr>
<td>Sausage Roll</td>
<td>$5.00</td>
</tr>
<tr>
<td>Gourmet Pies</td>
<td>$5.90</td>
</tr>
<tr>
<td>Plum Pies</td>
<td>$5.00</td>
</tr>
<tr>
<td>Bacon &amp; Egg Sandwich</td>
<td>$5.20</td>
</tr>
<tr>
<td>Potato Mashes</td>
<td>$4.80</td>
</tr>
<tr>
<td>Large Fries</td>
<td>$4.50</td>
</tr>
<tr>
<td>Medium Fries</td>
<td>$4.00</td>
</tr>
<tr>
<td>Small Fries</td>
<td>$3.50</td>
</tr>
<tr>
<td>Hot Dog With Sauce</td>
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</tr>
<tr>
<td>Kraasnay &amp; Cheese Roll</td>
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</tr>
<tr>
<td>Chicken Burger</td>
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<tr>
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<tr>
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<tr>
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<tr>
<td>Salt &amp; Vinger Teners</td>
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</tr>
</tbody>
</table>

## Cardinia General Store

### Menú

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For the last few years, our Parents’ Club has run the canteen at the Model Airfield in Wenn Road, Cardinia as a fundraiser for our school in lieu of the Bunnings BBQ’s. Unfortunately, most of the parents involved in this catering are now unable to continue. If anyone is interested in taking this on, either individually or as a group, could you please contact either Donna Eager on 5998 8070 or speak to Virginia in the office, preferably by this Friday. This year’s dates are Sunday 23rd March and Sunday 6th April. Further details and information will be discussed at the Parents Club meeting this Thursday, 6th February.

This year I am being brave and shaving my head for the Leukaemia Foundation’s ‘Be Brave and Shave’ campaign. If anyone wishes to sponsor me or my team which is called ‘Brave Babes” you can donate online at www.worldsgreatestshave.com or place your donation in an envelope and hand it in to the office.
Thank you
Belinda Cook (3A)

Corn Chucking Help Needed
We need help with the preparation for our Whole School Picnic. On Thursday 13th February, we will be peeling and cutting approximately 500 cobs of corn. It would be great to have plenty of hands on deck at 2pm in ‘Vizzari’s Shed’ which is on the corner of Koo Wee Rup and Ballarto Roads. If you are able to help, and don’t mind a chat while you work, please see Raelene (3A), Donna (3P), Sharon (2W) or Virginia.

SLIP SLOP SLAP
During First Term all students and staff are expected to wear a hat while outside at recess, lunchtime and during sport or other outdoor activities. Children who are not wearing a hat at these times will be expected to play in a shaded area around the school and will not participate in sport or outdoor class activities.
Children are also asked to remember to apply sun screen before coming to school and to re-apply, if necessary during the day from the lotion contained in the First Aid Room. If your child is allergic to certain types of sunscreen can you please inform the office and your child’s teacher. Everyone’s co-operation in this matter will be greatly appreciated.
Xin Jin Shan Chinese Language and Culture School
After School Chinese Program
STUDENT APPLICATION FORM Term 1, 2014

PLEASE COMPLETE IN BLOCK LETTERS. IF YOU CHILD HAS ENROLLED BEFORE, YOU ONLY NEED TO FILL OUT SECTION A + E. PLEASE CIRCLE HERE: ENROLLED BEFORE.

A. STUDENT DETAILS

Surname: ........................................ First names: .............................................. Gender: ..................

Grade Level in your school:..........................

Please choose your arrangement for the end of class:
☐ PARENT PICKS UP ONLY
☐ STUDENT LEAVES BY HIM/HERSELF

B. PARENT OR GUARDIAN

Surname: ........................................ First names: ..........................................................

Address: ..........................................................Post code..........................................

Home phone................................ Mobile..........................Work phone..........................................

Email: .................................................................Relationship to Student: ..................................

How did you first hear about Xin Jin Shan Chinese School? ..........................................................

Please give details of any Chinese learning experience of your child..........................................................

IS THERE ANY MEDICAL CONDITION OR OTHER CIRCUMSTANCE OF WHICH YOU WOULD LIKE THE SCHOOL TO BE AWARE?       YES / NO
If yes, please give details.
.................................................................................................................................

C. Terms and Conditions and Authorizations (Please circle your choice.)

- I authorize / do not authorize Xin Jin Shan Chinese Language and Culture School to use photographs / video taken during classes for promotional purposes only. They will be used in our school magazine, school website, booklets or other media. They will not be used for commercial purposes.

- I agree / do not agree that my child watches Chinese movie DVDs (classified as G / PG) during the class.

- I agree / do not agree that my child participate Chinese traditional cooking activity. The food cooked in class is for demonstration only. It will not be given to students to eat in the class. Students will bring food back home. It is your decision to eat it or not. There will not be any nuts in the ingredients.

- NUT FREE POLICY – Students are asked not to bring any food containing nut products to classes. Parents are requested to inform Xin Jin Shan Chinese Language and Culture School in writing of any allergies their child may have. Details of any food allergies:
.................................................................................................................................

DECLARATION BY PARENT/LEGAL GUARDIAN.

I………………………………….being the Parent/Legal Guardian of…………………………………..(full name) declare that the information in this application is correct and I will follow the terms and conditions and authorizations above. Enrollments will be processed on a first come, first served basis. The tuition fee is $100/Term.

Signed……………………………….Date……………………………..
D. Early Bird Discount and Late Payment Penalty

- Early Bird Discount:
  If the tuition fees for this term and the following term are paid before due date in one transaction, you get $20 discount.
  ($180 for two terms instead of $200.).
- Late Payment Penalty:
  If the payment is made later than due date, you need to pay $20 extra as penalty.
  ($120 instead of $100).

E. Payment Method: (Please tick your choice below)

1. PAYMENT BY CHEQUE (payable to Xin Jin Shan Chinese Language and Culture School Inc.)
   □ I enclose one cheque of $________ with my name and contact number clearly written on the back.

   Please send the cheque with completed application form to:

   After School Chinese Program
   PO Box 5042, Pinewood VIC 3149

2. BANK TRANSFER to below: Date of payment: ____________
   NAB: BSB 083 323
   Account number: 571355833
   Account name: Xin Jin Shan Chinese Language And Culture School Inc.

   Please put the following details in “Transfer Description”:
   **Your child(ren)'s school's name + Your Child(ren)'s name(s).**
   For instance: James Smith from McKinnon PS. You need to write down: McKinnon PS James Smith.

   Please email your completed form to jeanine.ma@xjs.vic.edu.au, or send the completed form to:

   After School Chinese Program
   PO Box 5042, Pinewood VIC 3149

Refund Policy

- You can get refund within 3 weeks after Program starts. After 3 weeks, there will be no refunds.
- You need to pay $20 for administration fee for any refund.
- You will receive a cheque for refund. Please provide address where you would like the cheque to be sent and the cheque payable detail.
- The refund will be calculated according to the weeks you child has attended. For example, Michael was withdrawn after attending program for 3 weeks. There were 10 weeks in the term, $100/term. He would get $100/10*7-$20=$50 refund.

Late pick up policy.

Our teachers try their best to look after children before, during and after the class. However, please make sure you pick up your child/ren on time, **For late pick up, the child will be sent to your school's After School Care.** There will be cost involved from the program operator in your child(ren)’s school. You will expect a bill from them for the care. It is best for everyone that you pick up your child/ren on time.

**Note:** Please **DON'T** give the payment and completed application form to your child’s teacher. No cash accepted. All enrolment must be organized via XJS office. Please contact Jeanine Ma (email jeanine.ma@xjs.vic.edu.au) for enrolment.
Windermere’s Suicide Prevention Program

Presents

LivingWorks Applied Suicide Intervention Skills Training (ASIST)

Why do I need to do the ASIST workshop?

You could come across someone with thoughts of suicide in your personal or professional life… would you know the signs to look for and what to say or do? Having some basic suicide first aid skills can make a difference.

Talking openly about suicide does not increase the risk. This is a myth. It actually raises awareness and suicide alertness, which is more likely to reduce the suicide rate.

What is ASIST?

ASIST is a two day workshop that teaches participants to recognise when someone may be at risk of suicide and respond in ways that help increase their immediate safety and link them to further help.

You will:

- Reflect on attitudes and how this affects our ability to intervene
- Explore the behaviours, expressions and feelings of someone at risk of suicide
- Learn specific strategies - what to say and what not to say, and what you need to do (suicide first aid)
- Share helper self care tips with other participants.

Who is ASIST for?

Everyone should be ASIST trained to recognise the warning signs in our family, friends, neighbours, peers and work colleagues. If we all had some basic skills and knowledge, together we could reduce the number of people who die by suicide or are injured through attempting suicide.

ASIST is restricted to participants aged 15 and over.

How is ASIST delivered?

Windermere's ASIST workshop is limited to 24 participants, who are divided into two groups by the facilitators. The two smaller groups work through their individual ASIST Workbooks under the direction of a trained facilitator. This involves reflection, discussions, activities and some role play.

All participants are supplied with resources to take with them and the contact details of support services.

Participants are asked to not leave the workshop without advising the facilitator. A contact number is supplied so that participants can talk with a qualified person outside of workshop hours if they need to debrief.

For further details, contact:
Phone: 5995 4655
E-mail: gen.dawson@windermere.org.au

When: 26-27 February 2014
28-29 May 2014
27-28 August 2014
25-26 November 2014

Where: 48 Webb Street, Narre Warren.

Cost: $350* per person (inc GST).

This Flyer refers to a community education activity only. For urgent assistance call Lifeline on 13 11 14.
After School Care provides a safe environment for children to explore and play

About the program
After School Care promotes a healthy and active lifestyle, encourages friendships and supports children to develop new skills – all while having fun.

Cardinia Primary School has partnered with Camp Australia, the leading provider of before and after school care in Australia. This high quality program embraces the school's values and builds on your child's educational experience and individual interests.

The program combines active games with planned and unplanned play, quiet time, homework time and a healthy snack. Every day is an adventure led by enthusiastic Camp Australia staff who are on a mission to bring smiles to kid's faces. As trained educators, we know lots of different ways to help your child get the most out of their day and feel good about themselves.

Key information

<table>
<thead>
<tr>
<th>Hours</th>
<th>Times</th>
<th>Full Fee</th>
<th>Out of Pocket*</th>
</tr>
</thead>
<tbody>
<tr>
<td>After Care</td>
<td>3:30 PM - 6:00 PM</td>
<td>$17.96</td>
<td>$4.74 to $8.98</td>
</tr>
</tbody>
</table>

Note: Additional fees apply for casual bookings and Vacation Care onsite/offsite excursions

Next step

Find the after school care link on your school website and click through for more information. or visit www.campaustralia.com.au and enter your school name in the school finder.

Notes on Fees and out of pocket:
1. The Child Care Benefit (CCB) is income tested and scaled, resulting in a reduction of between 0% and 85% of the fees.
2. The Child Care Rebate (CCR) is not income tested and is available to almost all Australian families. It provides a rebate of 50% of fees owing after the CCR has been calculated and considered.

So that the CCB and CCR can be automatically applied to your account you will need to provide your Centrelink Customer Reference Number (CRN), during the registration process. This can be obtained from the Family Assistance Office on 13 61 50.

We look forward to caring for your children

www.campaustralia.com.au | 1300 105 343