Coastal Ambassador Program:
Next Wednesday the 9th of September our School Captains and Vice Captains will be completing their second day of the Coastal Ambassador Program at Phillip Island.
Max, Teirnan, Sasha and Bailey will be presenting to other students involved in the program using the model, “Kids teaching kids” their project they have been working on with Ms Masters involving “Littering.” Each group involved in the program will present a mini project to their peers as part of this program and then bring back to their respective schools the information and knowledge they have learnt.
The students will be supported and travelling to and from this event with Mrs Armstrong and Ms Masters.

Rotary Club of Lang Lang / KooWeeRup Public Speaking Competition:
Over the past few weeks 10 students have been working on their speeches and presentation for the Annual Public Speaking Competition hosted by the Lang Lang / KooWeeRup Rotary Club. We have been very fortunate to have Mrs Jackie Gillick assist the students in preparing their speeches.
Due to swimming commitments their presentations will be conducted in the Hall from 2.30 pm on Thursday. Any parents wishing to come along and support their children are more than welcome to attend. By Friday the 4th of September we will announce our two representatives based on: the opinions of Mrs Gillick and nominated teachers and the attributes of public speaking being utilised in the competition.

KooWeeRup - Veterinary Clinic Station Street
On behalf of the School, Students and our Feathered Friends I'd like to thank the KooWeeRup Veterinary Clinic and its staff for their wonderful treatment of our poultry last week giving them a full manicure and health check. Very much appreciated.

DATES TO REMEMBER

SEPTEMBER -

Wednesday 2nd September
- Tennis Training resumes – 3.45 pm at the Tennis Courts – Cardinia.
Thursday 3rd September
- Asbestos Audit taking place at Cardinia Primary School
- Meal Deal – Salad Roll and Choc Wedge- $4.00
Friday 4th September
- Foundation Grades – Open Afternoon for Dads. 2.45 pm to 3.30 pm
Sunday 6th September
- Fathers’ Day
Tuesday 8th September
- Earn and Learn Sticker Collection Ends
Wednesday 9th September
- Coastal Ambassador Program – School Captains and Vice Captains at Phillip Island.
- Rotary Club Public Speaking Competition
  Lang Lang Memorial Hall
  Participants to arrive at 6.30 pm
  To commence at 7.00pm
Thursday 17th September
- Whole School Sleep Over

OCTOBER -
Friday 9th October
- Division Athletic Sports (Note change of date.)

REMINDERS:

Intensive Swimming Program runs until Friday 11th September.

From the Principal:....
Sleepover

Last week all students received a sleepover Permission Slip. Once again the sleepover will take place on the last Thursday night (September 17th) of Term 3. The cost of this activity of $6.00 includes a sausage sizzle tea, disco, with breakfast and lunch on the Friday.

The following is an outline of the proposed program for the Thursday evening and Friday but may alter slightly.

3:30 - 5:30 – Students who are staying at school will play on playground/do quiet activities
5:30 – Sleepover starts – Students arrive at 5.30 pm to set up beds etc. for the night ahead. Rolls taken

6.00 - Dinner – BBQ Tea – Sausage Sizzle

6.30 - 7.00  F-2 to disco and 3-6 inside games
7.00 – 8.00  F-2 video and 3-6 disco
8.00 – 9.00  F-2 bed and 3-6 disco
9.00 -10.30  Video 3- 6
10:30 – All in bed!

Friday

Breakfast

9.00 - Aerobics
9.30 - 20 minute activity rotations
F-2 will rotate between Liz, Jodie, Nathan, Chris, Kirrilee, Shell and Simone
3-6 will rotate between Robyn, Jess, Jessie, Nicole, Courtney, Brenton, Anne

Lunch

Whole School Dismissed at 2.30 pm for Term Break.

GENERAL INFORMATION:
If you have any queries regarding the sleepover please don’t hesitate to contact your child’s teacher or Allan. Students at each grade level will be allocated classrooms for their sleeping quarters on Thursday evening and boys and girls will be located separately in various areas of the school. Once these arrangements have been finalised all students will be notified. A list of items to bring along will be published in future newsletters for your information but please remember it is only for one night, so luggage should be on a minimum. Students are requested not to bring any lollies along for either the Thursday evening or Friday.

The sleepover is an activity to celebrate the end of term and a way of familiarising students for the Whole School Camp that takes place in Term 4. As this is an over night activity the detailed permission form must be completed for each child attending and handed in at least a week prior to this event taking place.
Thumbs Up

- To Mrs Preston for organising Book Week Activities last week for the whole school.
- To all the staff and especially Mrs Cruse for all her efforts in organising the Fathers Day Stall last week. Very much appreciated.
- To all the parents and friends who came along and listened and shared their children’s Big Write Stories last week – well done everyone.
- To the ten students who have been industriously preparing their Speeches for the Lang Lang/KooWeeRup Rotary Club Public Speaking Competition. Our two entrants for this contest will be selected this week.
- To Mrs Gillick for all her efforts in advising and coaching our students who are trying out for the Rotary Public Speaking Competition. Very much appreciated.
- To Mrs Alderson for the fantastic job she has done in organising the swimming timetable for the two weeks of the intensive swimming program- no mean effort with over 240 students participating each day.
- To Brenda and Cara for taking our Feathered Friends to the Vets last week- Very much appreciated, especially by our “Flock”!
- To the Cardinia Life Swimming Instructors who are doing a great job, each and every day. Greatly appreciated!
- To Mrs Wood and the Messer family for their book donations to our School library. Thank you!

Meal Deal this week is a Salad Roll and Choc Wedge for just $4.00

Also, bags must be clearly labelled with your child’s name and grade.

LAST WEEK FOR WOOLWORTHS EARN AND LEARN!!

We have until Tuesday 8th September when the promotion ends so please bring any stickers you may have at home. Alternatively, Sticker Sheets can be left at a Collection Box outside Safeway supermarkets.
Division Athletics

The Division Athletics Carnival previously scheduled for Tuesday 15th September has been rescheduled for Friday 9th October (Week 1, Term 4). Notes for this event will still go home this week for students who have qualified to ensure we are ready for this event at the start of Term 4.

Woolworths Domino Stars

We have had some Domino Stars Activities donated to us by Woolworths Arena. If you had collected the Domino Stars and would like either a Maze, Bridge, Staircase or Spinner, please see Virginia or Sue in the office.

Duck Eggs for Sale

Fresh Duck Eggs for Sale. Excellent for cooking.
$5 dozen
Call Daryl on 0416 071 459

Premier’s Reading Challenge

Congratulations to the following students who have already completed the Premier’s Reading Challenge. Well done to Jaylen (FA), Jocelyn (FM), Leah (FM), Addison (1C), Dylan (2W), Alexis (3P) and Taylor (4I). These students will go in the draw to win village movie tickets.
A reminder for students in grades Foundation to Grade 2 you need to read 30 books (10 free choice and 20 from the Premier’s list) and students in Grades 3 to 6 you need to read 15 (5 free choice and 10 from the Premier’s list).
The challenge closes Monday September 7th. Please make sure you enter your books online as soon as possible. If you have any problems or want to ask any questions please see Mrs Preston in the 3P classroom.
Birth Certificate & Immunisation Certificate
For those families who received letters regarding providing the office with either their child/ren Birth Certificate and/or Immunisation Certificate, we would appreciate it if these could be returned to the office as soon as possible. This will ensure our student records are kept up to date. This also applies to our new Foundation students commencing school next year.
Please see the office if you are unsure as to whether you have provided it already.

LOCAL HOUSE IN CARDINIA
Recently a home in Cardinia was broken into. Various items were taken and the Police were contacted. Please ensure you lock your cars and homes to protect your belongings. Also remember to report any suspicious activity to the Pakenham Police.

WELL DONE!!!!
Congratulations to Koo Wee Rup under 14 Football team who win their Grand Final on Sunday against Beaconsfield. Only 8 points the difference! IT was a very close and exciting game.
4 members of their team are ex Cardinia Primary School students – Mitch A (Captain), Bailey G-S, Luke G and Josh G.
Well done guys, it was a great game!

Don't FORGET!
Parents and Friends of students are reminded that smoking and the consumption of alcohol are not permitted on school grounds or when participating in school activities when students are present.
Cardinia Bulls

Junior Registration Day

Saturday 5th September
E Gunton Oval
Ballarto Road, Cardinia
From 12 o’clock
Free BBQ Lunch
Merchandise ordering
EFTPOS machine available
Meet the coaches
For more info call
Luke 0421 335 889
Building Resilience in Families

Learn as a family how to develop strengths and gather supports that build resilience.
90 minutes.

Life for any family includes ups and downs, challenges and unexpected twists and turns in the road. A family's ability to negotiate this journey and keep going depends on the skills they are working on along the way.

There are certain skills and strategies that have been identified as important for the development of resilience. Some are internal skills we can build and develop, whilst others external- which encompass the relationships in children’s lives.

Families can draw upon these skills to build successful strategies to bounce back after challenging times.

Presentation Topics

One of the keystones for me about resilience is that it is very hopeful – that building it is an ongoing process and you're never too old to learn. This is a hopeful message for any parent.”
- Parent

Self regulation
Thinking skills
Knowing your strengths
Positive outlook
Participation in family life
Relationships
Role models
Support people

Expected Outcomes

Enhance understanding of the importance of interactions, connectedness and relationships in assisting children to develop resilience.

Cost: Please enquire for Face to Face or online talk

Pathways to Resilience Trust

P: (07) 3169 2400
M: 0447 032 333
W: www.pathwaystoresilience.org
E: community@pathwaystoresilience.org
Our club is dedicated to developing swimmers to their ultimate potential. We pride ourselves on developing home-grown Junior swimmers all the way through to International Australian Team success.

We offer three nationally-certified coaches at two major 50m indoor aquatic centres (Casey ARC & Casey RACE) with programs aimed towards swimmers of all abilities.

DATE: Saturday 19th September 2015
TIME: 12noon
PLACE: Casey ARC (Princes Hwy, Narre Warren)
RSVP: Kellie (Recruitment Officer) 0425 871 060
BRING: Yourself, Goggles & towel