From The Principal...

Shop Lunch Orders and Lunches
Just a quick reminder to parents organising lunch orders from the shop. It is School Policy that children shouldn’t have lollies or Soft Drink as part of their lunch orders. If they do come as part of the lunch order then they will be kept in the office and will be available for collection after school. Similarly students shouldn’t be eating lollies before school or have them included in their lunch or snack packs. Your co-operation in this matter would be greatly appreciated.

Easter Activities
On the last day of school this term, Friday the 27th of March the School will be holding its Traditional Easter Activities that include a Water Balloon Throwing Contest, A Visit from Easter Bunny (if everyone is good), who might, just might deposit an egg in everyone’s Easter Basket, our Traditional Easter Bonnet Parade and finishing off with the great Easter Egg Hunt and the drawing of the Easter Raffle. Bonnets can be made at home or children can make them at school or simply decorate an existing hat. All students are expected to participate in the parade and vie for one of the various prizes. We ask all families to donate a prize for the raffle such as an Easter toy/novelty, chocolate, Easter eggs etc. These can be dropped off at the office and will be combined into hampers for the Easter Raffle. Tickets will be on sale shortly.

Grade 6 Excursion to Sovereign Hill
Last Friday, 26 Grade 6 students and 18 adults went to Sovereign Hill as part of the special events that are hosted throughout the year for Grade 6 students. A very rewarding day was had, with the students being a credit to the school and their families. I’d like to take this opportunity to thank Mrs Esler for all her efforts and to Ms Dart for her assistance throughout the day. A huge thank you to all the Parents and Grandparents who attended for their support and enthusiasm throughout this event despite it being such a long day. Well done everyone.

DATES TO REMEMBER

March:
- **Wednesday 4th** – Close of Nominations for 2015 School Council positions.
- **Thursday 5th** – Meal Deal – Pie and Cup of Fruit Salad
- **Friday 6th** – Curriculum Day – Student Free Day
- **Monday 9th** – Public Holiday “Super Dooper” Wednesday - $1.00
- **Wednesday 11th** – District Swimming Finals
- **Thursday 12th** – Coastal Ambassador Program for School Captains – Phillip Island
- **Wednesday 18th** – Parents and Friends Meeting – all welcome. 6.30pm in the Staffroom School Council – 7.30 pm First meeting of new Council for 2015.
- **Friday 20th** – School Photographs
- **Saturday/Sunday 21st / 22nd** Pakenham Show – School Art Exhibition
- **Friday 27th** – Last Day of Term 1 – 2.30pm dismissal. Easter Activities including Balloon Throwing / Easter Bunny visit, Bonnet Parade and Egg Hunt
SCHOOL PHOTOS
School photos will be taken on Friday 20th March. Every child will receive today, an envelope for their order. Please return this envelope by the morning of Wednesday 18th March.
If paying by Credit Card please go to www.spargophoto.com.au click on the School Photography icon on the right hand side. You can then follow instructions from there.
Please do not forget to record your online order number on the payment envelope.
If you want a family group photo taken, the envelopes are available from the office.

School Council 2015
Just a reminder that nominations for the 2015 School Council membership in both the DET and Parent Category close tonight at 4.00 pm. If you are interested please contact Allan, as soon as possible.
If the number of nominations match or is less than the number of vacancies at the close of the nomination process then those nominated will be deemed to be elected to Council.
The first meeting of the new School Council will be held on Wednesday the 18th of March, commencing at 7.30pm where the new Council will be officially formed and new office bearers elected. Any parent or friend of the School is more than welcome to attend our School Council Meetings.

ART REQUEST
Our Art Room would love any donations of 1.25 litre soft drink plastic bottle. We require a total of 54. Please leave any donations on the table in the Technology Room.
Thank you.

GRADE 2 PARENT TEACHER INTERVIEWS
Grade 2W and 2B are conducting parent teacher interviews starting WEDNESDAY 11th March. Please sign up for a suitable time outside the grade 2 classrooms.
Thumbs Up

-To all the parents and Grandparents who joined us on the Grade 6 excursion on Friday. Your involvement was just fantastic.
-To Mrs Esler for all her work in organising this event for our Grade 6 students. Well done.
-To our Student Leaders for organising the “Super Dooper” Wednesday initiative to help fund their projects presented to School Council.
-To all of our Teacher Aides who do a fantastic job around the school supporting various students. We are indeed fortunate to have such a valuable resource at our school. Well done ladies!
-To Sue for her work in organising Book Club and encouraging students to purchase books from this organisation to read and enjoy.
-To Ms Henson for always being available to assist staff and students with any computer problems that they may have. Greatly appreciated Michelle.

How do I raise an issue or make a complaint?

It is very important for any school to know if any families or individuals have any concerns about the school their child/ren are attending so that the issue can be addressed, misconceptions corrected or issues followed up. Cardinia Primary School is no different and it’s important that such concerns are taken to the school directly and that the school should always be the first point of contact. We need to know if you have any concerns about your child’s education or well-being. Teaching and learning works best when parents and teachers talk to each other and work together to solve any problems. Here are some tips when contacting the school.

- Plan what you want to say, so you can clearly explain what the problem is. (You might want to take notes)
- Have some ideas as to how the problem could be solved.
- Talk about the problem with your child’s teacher/s or principal by telephone or organise a face to face meeting. Most problems can be solved this way.
- If you still have a concern after talking to your child’s teacher/s you need to speak to the principal.
- Remember you can be supported at any meeting by a friend, colleague or representative from a support organisation if you wish.

Meal Deal this week is a Meat Pie and Fruit Salad Cup for just $4.00.
Please make sure your child’s lunch bag is clearly named.
2016 Foundation Enrolments

With the 2015 Preps settling in, it is time to start planning our 2016 intake!

If you have a Pre-School child who will begin Prep at Cardinia Primary School in 2016, could you please visit the office as soon as possible to ensure we have your child’s details? You will be given an enrolment form and a Kindergarten information sheet that will need to be completed and returned to the office by the end of Term 1.

All siblings of students currently enrolled at the School are assured of a position in 2016. With so many new families wishing to attend in 2016, it is a huge job to keep track of all future Foundation enrolments.

Your prompt attention to the enrolment process will assist us in managing our enrolment process moving forward.

Please see Allan or Jodie if you have any questions regarding the 2016 Prep Enrolment procedure.

SHINE ASSIST

At school we have the services of an Oz-Child psychologist to assist any students who may require these services. The psychologist can help students cope with issues such as grief and loss, family breakdown, anxiety, depression, low self-esteem etc. If you feel that your child would benefit from such services please let your classroom teacher know or see Kaye or Allan Armstrong.

Shine Assist is a Medicare-funded program. There is no cost involved in this program, however you do need to visit your GP and get a referral. This will cover 6 sessions with the psychologist, probably on fortnightly sessions. You can get an extension for more sessions by revisiting your GP.

BOOK CLUB NEWS

This month’s Book Club brochures have been delivered to all our student’s today. Orders will need to be received at the office by close of business on Friday 13th March.

This will ensure that orders are placed with Scholastic by their due date and are delivered to the school quickly.
MODEL AIRFIELD CATERING
HELPERS NEEDED

Parents’ Club have been asked to run the canteen at the Model Airfield in Wenn Road, Cardinia Sunday 22nd March and Sunday 26th April. As this is one of the many ways we raise funds for the school. We are asking for some helpers on both days to assist in the canteen.

If you can spare 2-3 hours in the morning or afternoon on either or both these dates, please call Sharon (0416 245 924) or speak to Virginia or Sue in the office.

We also need people to make cakes and slices to sell at both these dates. Please see Sharon if you can help.

SCHOOL CHAPLAIN

At Cardinia Primary School there is a Chaplain available for students and families 2 days a week. Her name is Crystal Douglas and she works at Cardinia on Thursdays and Fridays. She visits the students in the classroom as well as conducts one on one sessions. She provides support for children who are experiencing friendship issues, grief, and loss or are having trouble coping with changes in their life.

If you would like to talk to Crystal regarding your child/ren please make an appointment by telephoning the school, visiting the front office or speaking to Kaye or Allan. Alternatively, if you would like to refer your child/ren to Crystal please collect a permission form from the Office.

COMMUNICATION MATTERS

Cardinia Primary School also has Communication Matters speech therapist and Occupational Therapists visit. They are able to assist with speech difficulties and motor skills difficulties on a 1-on-1 basis. They are a private company that visit the school in school hours. Occupational Therapists help students who struggle to write neatly, lack physical coordination, or who have other fine motor difficulties. If you are not sure whether your child would benefit from such therapy please see your class teacher or ring Communication Matters directly on 03 5995 4364. There are various ways you can access this service, you may be eligible for reduced fees. Please contact the company to find out more.
POSITIVE MENTAL HEALTH FOR TEENAGERS AND THEIR PARENTS

Unlock the secrets of a happy future by learning how to build a positive foundation.

Dr Michael Carr-Gregg
Michael is one of Australia’s highest profile psychologists. He works in private practice specialising in adolescent parenting and adolescent health and is passionate about delivering national and international evidence-based psychology workshops and seminars that make a difference to health and wellbeing of young people.

Susan McLean
Susan is Australia’s foremost expert in the area of cyber safety and young people. She was a police officer for 21 years and was the first officer to be appointed to a position involving cyber safety. Susan now has numerous honours and qualifications; she has presented around the world, written papers and books and is a highly sought after speaker. Susan brings a wealth of knowledge and a practical down to earth element to all her presentations.

Associate Professor Felice Jacka
From Deakin University, Felice is at the forefront of ground-breaking work looking at the link between mental illness in children, adolescents and adults and their lifestyle choices including diet, exercise and smoking. Her recent compelling and globally recognised research highlights the association between diet quality and the common mental disorders, depression and anxiety in children, adolescents and adults.

WHEN: Tuesday, 17 March, 2015 – 6.30pm-9.30pm
WHERE: Beaconsfield College Performing Arts Centre, 30 Toomuc Valley Road, Pakenham (Melway reference Map 317 A4)
Presented by Pakenham Rotary in conjunction with Inner Wheel Pakenham, Cardinia Scouts and Australian Rotary Health.

FREE COMMUNITY FORUM
ALL WELCOME

REGISTRATION ESSENTIAL AS SEATS ARE LIMITED
CONTACT headspace DANDENONG
EMAIL: admin@headspacedandenong.com.au or FAX: 03 9793 4992

Mercedes-Benz Berwick
Creating a Snoezelen (Sensory) Room at Cardinia Primary School

It is our aim to create a Snoezelen (Sensory) Room at Cardinia Primary School for the use of our students.

A Snoezelen Room is a soothing and stimulating environment. These rooms are designed to stimulate the senses using lighting effects, color, sounds, music, scents, etc. The combination of different elements will allow the students to explore using their tactile senses.

At this stage the room will be developed in the new building, between the Grade 6 room and the Science room.

In order to begin this room we have been given a grant from the Bendigo Bank. In addition to this, we are looking for any assistance or donations from the school community to make this space a brilliant facility for the school. If there are any businesses wishing to support the construction of this room, we are happy to negotiate on advertising in our school newsletter.

Our Wishlist:

- Bubble column with mirrors (approx. $3,500.00).
- Fibre Optic Cable Trolley (approx. $420.00).
- Ball Pit.
- Floor Music Mat.
- Star Projector (approx. $275).
- Mirror ball and coloured lighting system.
- Glow in the dark stars etc.
- Door knocker, bells, light switches, locks, gate fittings etc.
MARCH MADNESS IN METAFIT

FAB ~ Fitness At Its Best

Sunday 1st, 8th, 15th, 22nd & 29th March

PAXENHAM LITTLE ATHLETES FIELD AT 10.00AM

FREE MELBOURNE SESSIONS!

Sunday Sessions.

For the month of March, "FAB" is running.

Free Sausage Sizzle afterwards

8 seniors 17 – 70 are welcome

All Kids 5 – 17

Juniors Start 9.45 a.m. March 8 & 11 April

Saturday 14, 21 & 28

Dandenong (Melways 90 H7)

Robert Booth Reserve, Low St.

Come & Try Day

Dandenong Baseball Club

The low cost, low physical impact sport

TRY BASEBALL IIII