

Cardinia Primary Newsletter



Newsletter No. 14

Thursday 21st August 2025

2405 Ballarto Road, Cardinia

Principal: Mrs. Susan Wepster

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DATES TO REMEMBER



AUGUST

Monday 18th - Friday 22nd	Book Week
Friday 22nd August	Book Character Dress Up Day - Parade at 9:15AM—Gold Coin Donation
Thursday 28th August	KWRSC Shrek the Musical Excursion - Years 5/6
Thursday 28th August	Art and Science Show - 3:30 - 5:30 Gold coin entry
Thursday 28th August	Fathers Day Stall
Friday 29th August	SHOW DAY - Cardi's Got Talent at 1:30PM

SEPTEMBER

Wednesday 3rd September	Father's Day, Special Person's Breakfast 7:00am - 9:00am Gold Coin Donation
Friday 5th September	September Assembly
Friday 5th September	Father's Day Raffle Drawn
Thursday 18th September	Interschool Sports—Years 5/6
Thursday 18th September	Whole School Sleep Over - Free Dress
Friday 19th September	LAST DAY TERM 3—1:30PM Finish

PRINCIPAL'S REPORT

Dear Parents and Carers,

The term is flying by—we now have only four weeks of learning left before the next break!

Teaching and Learning

This term has seen quite a lot of illness across both staff and students. As you know, this year we chose to have smaller classes and not to hire casual relief teachers when staff are away. This approach is working extremely well. Both staff and students have reported that, even with teacher absences, teaching and learning has continued smoothly. Children are also more settled than they would have been with multiple different substitute teachers.

Crossing Safety

A reminder for everyone about our school crossing:

- Please wait behind the yellow line until the supervisor blows the whistle twice.
- Walk straight across the road—do not run.

Please do not play with balls or phones while on the road.

Thank you for helping to keep everyone safe.

Breakfast Club

Breakfast Club runs every Friday morning from 8:30am, thanks to our wonderful parents and grandparents who volunteer their time. We truly appreciate everything they do for our school.

Please note: it is **not the role of helpers to supervise children before 8:30am**, so we ask that students are not dropped off early.

Allergy Awareness

We have a child at our school who is anaphylactic to peanuts. We kindly ask families to avoid sending peanut products, including peanut butter, in lunch boxes. Thank you for being mindful and helping us keep all students safe.

Foundation Transition 2026

Yesterday we welcomed our 2026 Foundation students for their very first transition session. While there were a few tears, it was an overwhelmingly positive session, and the children enjoyed their first taste of school life.

A big thank you to Clarissa, Jenn, Toni, and Megan for creating such a warm and supportive start for our newest students. Thank you also to Rachel and Andy in our office for all the organisation behind the scenes.

Book Week Parade

Tomorrow we celebrate the culmination of Book Week with our Book Character Parade at 9:30am. Families are invited to come along and enjoy the fun—we can't wait to see the wonderful costumes!

Warm regards,
Susan



FROM THE OFFICE

APPROVALS AND PAYMENTS DUE

Please ensure approvals and payments are completed by the due dates.

EVENT	YEAR LEVEL	DUE DATE	AMOUNT
Camp Expression of Interest	Whole School	Extended—Still Available	\$50
KWRSC Shrek the Musical	5/6	25th August	\$10
Whole School Sleepover	Whole School	5th September	\$15 - \$20

JUNIOR SCHOOL COUNCIL



- **COLLECT AS MANY COINS IN YOUR CLASS AS YOU CAN**
- **ONCE YOUR CONTAINER IS FULL TAKE IT TO THE OFFICE**
- **TRY TO FILL YOUR EMPTY CONTAINER AGAIN**
- **THE CLASS THAT HAS THE MOST RAISED BY THE END OF TERM WILL GET TREATS TO SHARE**



THURSDAY 28TH AUGUST

Gifts are \$5.00 (cash only)

Students can purchase 1 gift
for their Dad and/or their Special
Person

FATHER'S DAY BREAKFAST

WEDNESDAY 3RD SEPTEMBER

Cardinia Primary School, with the support of DS Sports, will be serving Dads and Special Persons Breakfast to celebrate and say thanks for all that they do!

7am—9am Please come along and enjoy a Bacon and egg roll with you child/children.



Gold Coin Donation



Fathers

and Special Persons Day

Raffle



TICKETS
\$4 EACH
OR
3 FOR \$10



ticket sales close 9am 4/9

**DRAWN FRIDAY
5TH SEPTEMBER**

AMAZING PRIZES TO BE WON!

- 1st: Luna Park Family Pass valued at \$170.00
- 2nd: Puffing Billy Family Ticket valued at \$160.00
- 3rd: 2 x junior Gumbuya World passes valued at \$126.00
- 4th: Bunnings Hamper including a \$50.00 voucher
- 5th: Moonlit Sanctuary Admission valued at \$90.00
- 6th: 3 x Inflatable World admission valued at \$60.00
- 7th: 2 x adult passes to Melbourne Museum valued at \$30.00



TICKETS CAN BE PURCHASED ON
TRY BOOKING VIA
QR CODE OR THE LINK BELOW:

<https://www.trybooking.com/events/landing/1454803>



Foundation students braved the cold on Friday to enjoy a fun day out at Myuna Farm. Students spent time feeding and patting animals, milking a goat and riding the train to look at a colony of 18,000 bats. Farmer Brayden took students to Farm School to learn all about wheat and gave everyone a turn at making flour. What a fun day we all had.



DISTRICT ATHLETICS SPORTS

On Monday, a group of our talented students represented Cardinia Primary School at the District Athletics Carnival held at Casey Fields.

Our selected team gave their very best effort across a wide range of track and field events, showing determination, sportsmanship, and great school spirit. It was wonderful to see students encouraging each other, trying their hardest, and proudly representing our school. Some students even put their hand up to compete in events in a higher age group

A big congratulations to all team members for their hard work and commitment in the lead-up to the day, and for competing with such enthusiasm. We are proud of each and every one of you! Those who made it through to the Division stage on Wednesday 17th September 2025 will be notified this week.



THE RESILIENCE PROJECT.

We're working with The Resilience Project

We're proud to be implementing TRP's evidence-based whole school wellbeing program. Students will engage in weekly lessons to understand and strengthen their practice of **Gratitude**, **Empathy**, **Mindfulness** and **Emotional Literacy**.

Gratitude



Gratitude involves recognising and expressing appreciation for the people, places and things in our lives. Practising gratitude allows us to pay attention to what we have, increasing feelings of happiness and leading to a more positive outlook on life.

Empathy



Empathy involves understanding others' feelings and perspectives and is practised through kindness, compassion and curiosity. Developing empathy fosters deeper connections, increases our likelihood of acting kindly, and helps us experience positive emotions.

Mindfulness



The practice of mindfulness is about an awareness of life as we are living it.

It allows us to be responsive to our experiences rather than being reactive, and to live with greater balance, presence and connection.

Emotional Literacy



Emotional Literacy involves learning to identify and label our emotions, as well as developing emotional regulation skills. When we can accurately name our feelings and emotions, it reduces the impact of uncomfortable emotions and enhances the effect of positive ones.

TO LEARN MORE ABOUT THE RESILIENCE PROJECT, HEAD TO:



@theresilienceproject_



The Resilience Project



The Resilience Project



theresilienceproject.com.au

GEM Chats Mindfulness

CREATING WELLBEING HABITS & CONNECTION

GEM Chats help families practice The Resilience Project's principles, offering a simple wellbeing check-in while **building stronger connections through daily conversations.**

HOW TO USE GEM CHATS

Make GEM Chats a part of your dinner routine to reflect, check in, and practice mindfulness.

Try these prompts:

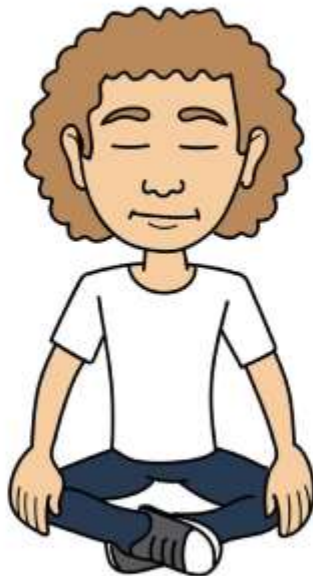


What **mindfulness tools** did you use today?



Take a moment to look out the window or around the room.

- » 3 things you can see.
- » 2 things you can hear.
- » 1 thing you can feel.
- » Notice how you feel after stopping for a moment.



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From the Office



****ALL EXCURSION FORMS AND PAYMENTS NOW IN XUNO****

XUNO is your parent portal to view news and events, book parent teacher interviews, check your child's live attendance, mark absences, view reports, and more. Please contact the office if you have any problems or questions about setting up, and signing in to your account.



Qkr! Is the app that the school is using to accept payments such as: Meal Deals, second hand uniform and fundraising.

Please see the office staff if you need more information about using Qkr!

Breakfast Club

Breakfast club runs each Friday between 8:30-8:45am in the Science Room. This program is government funded and open to all students.

Food available may be Weetbix, muesli, toast with Vegemite or honey, baked beans, spaghetti and fruit cups. Please let us know when dropping off your child if there are any allergies we need to be aware of.

Children are welcome to come to the Science Room from 8:30am. Please do not drop your child off any earlier than this. We welcome any parents who would like to come once a month (or less if we get enough help) to serve and tidy up.



Before and After School Care

Our before and after school care is provided by DS Sports. Click on the link below for more information

<https://www.dssports.org/cardiniaprimary-1-1>

Monday to Friday: Before School Care from 6:30am
After School Care from 3:30pm - 6:30pm



Cardinia General Store

Shop lunch orders can be ordered any day of the week and will be delivered to students in time for lunch (12:20pm) - sandwiches, hot food and drinks included!

Place your order directly at the shop.



Phone: 5998 8488

Term Dates 2025

Term 1:	Wednesday 29th January - Friday 4th April
Term 2:	Tuesday 22nd April - Friday 4th July
Term 3:	Monday 21st July - Friday 19th September
Term 4:	Monday 6th October - Friday 19th December

School Values:

Resilience

Respect

Working Together

Personal Best

Caring



Cardinia Primary

Before & After Care Service

BEFORE CARE

\$2.80*

AFTER CARE

\$3.40*

What's Included

- ✓ Breakfast
- ✓ Afternoon Tea
- ✓ Games, Coaching, Activities for all
- ✓ Extended hours

FUN - ACTIVE - ENGAGING

 [DSSPORTS.ORG](https://www.dssports.org)

ENROLL NOW

*Prices will vary depending on each families CCS application



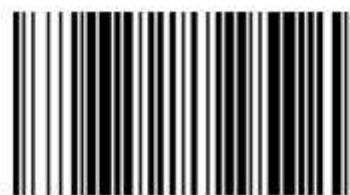
Container Deposit Scheme

Help to raise money for our school by collecting bottles and cans.

At the return-it centres, customers feed their eligible cans or bottles through the machine, then they can enter the zone ID or scan barcode to choose to donate their deposit to the school. We also have a couple of bins around the school to collect eligible bottles (at the office and the middle learning centre) Please check all items placed in the bins at school have the 10c mark.

Your Zone ID Barcode:

C2100075382



Cardinia Primary School

