

Cardinia Primary Newsletter



Newsletter No. 15

Thursday 4th September 2025

2405 Ballarto Road, Cardinia

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DATES TO REMEMBER



SEPTEMBER

Friday 5th September

September Assembly

Friday 5th September

Father's Day Raffle Drawn

Wednesday 17th September

Division Athletics—Selected Students

Thursday 18th September

Whole School Sleep Over - Free Dress Gold Coin Donation

Friday 19th September

LAST DAY TERM 3—1:30PM Finish

FROM THE OFFICE

APPROVALS AND PAYMENTS DUE

Please ensure approvals and payments are completed by the due dates.

EVENT	YEAR LEVEL	DUE DATE	AMOUNT
Camp Expression of Interest There are still places available	Whole School	Extended—Still Available	\$50
Whole School Sleepover	Whole School	5th September	\$15 - \$20

PRINCIPAL'S REPORT

Dear Parents and Carers,

We've had a very busy and exciting couple of weeks at school, with lots of wonderful community events to enjoy together.

Book Week was a real highlight, with students reading, sharing, and talking about books. Our parade was reported by many as the best we've ever had – thank you to families for the creativity and effort that went into costumes.

Our **Art and Science Show** was another huge success. Every child had three pieces of art on display, all of an incredibly high standard. The Science Show was also a big hit, sparking plenty of ideas for experiments students are already talking about for next year. Thank you to Mrs Parker and Ms Masters for encouraging and inspiring our students.

Show Day is always a favourite, with students enjoying stalls, games, house point competitions, sponge throwing, and water balloon fun. A big thank you to Ms D for organising such a great morning. In the afternoon, we held our annual **Cardi's Got Talent** show. It was a joy to watch students from Foundation to Year 6 perform – we really do have so much talent at Cardinia! Thank you to Mrs Anderson and Mrs Young for organising the auditions and the show. Thanks to our families and students for transitioning smoothly to the BER when the blizzard arrived!

We celebrated **Fathers and Special People's Day** with our traditional gift stall, once again beautifully organised by Danneil Kitchin – thank you, Danneil, for your wonderful choices. Our community breakfast of bacon and egg rolls was another highlight, made possible thanks to our Out of School Hours Care providers, DS Sports, who were here from 6am to cook for our families. Thanks to Mr B and Mr Tait for organising this.

These past two weeks have reminded us once again of the incredible support and spirit within our community. It's easy to see why Cardinia Primary has such a strong reputation as a caring and connected school.

Last week I emailed everyone about the opportunity for us to use the Koo Wee Rup Op Shop as a fundraiser. While it was a great opportunity, and some families kindly offered to help, we did not get the response necessary for us to accept this offer. Thanks to those who offered, and thank you to Emily Cook for offering to coordinate it. Perhaps it is something we could consider in the future.

Please tell us what you think! You have all received the details to complete our school survey. Today I received an email from the Department saying that only 15% of our families have responded. We would really love it if you could take the time to do this. Thanks to the 15%!

I wish all our families a wonderful weekend, and a special day on Sunday,

Susan



DONATIONS PLEASE

The Woolies

Wool is lots of fun!

And we love making pom poms!



“The Woolies” is a lunchtime club in which we use wool to keep our fingers busy.

If you have any spare wool and are happy to make a donation of wool to school, please do so!

Thank you very much,
Cherida, (Wellbeing Coordinator)



It's that time of the year again as the weather warms up, we will be selling ZooperDoppers on Thursdays during the last break for \$1.

This is part of the year 6 fundraising to contribute to their end of year celebration day.

We are asking for donations from families of packets of zooperdoppers to make this fun treat possible. (Please no sugar free or sour flavours)

Thank you from the Year 6 students!

BOOK WEEK

PARADE

On the 22nd of August, we celebrated Book Week with a Parade for the whole school on the basketball court. All the students and staff had wonderful costumes that were inspired by their favourite book characters. I know all of us judges wish we could've picked everyone for prizes, I definitely had a hard time picking the winners.

Special thanks to Ms Elser for helping with setting up the parade. And all the parents and carers who helped support our students with their costumes.



Character Parade



School Values:

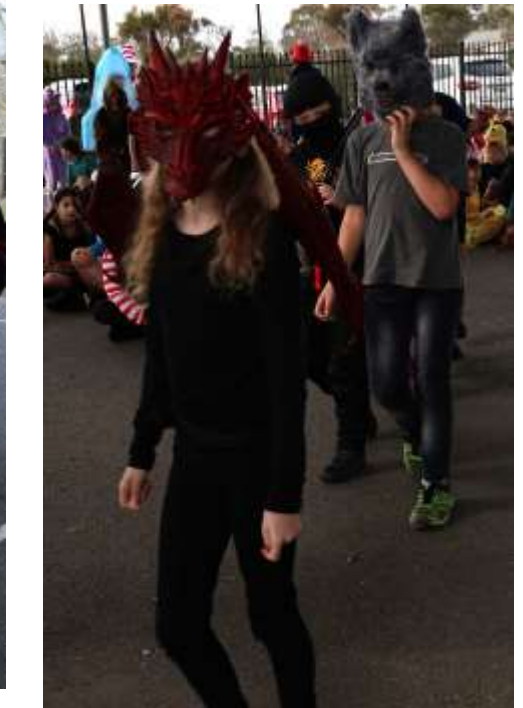
Resilience

Respect

Working Together

Personal Best

Caring



School Values:

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Our team of intrepid junior Scientists have done a great job designing, making and exhibiting a wonderful array of projects for the 2025 Science Fair. Space was a popular theme this year – visitors to the Science Fair had the chance to learn about the relationship between the Sun, Moon and Earth; they could delve into the fascinating world of constellations; and they could explore the wonders of space, complete with a cool quiz! Some of the other fascinating topics were making your own lava lamp using common household materials; exploring how vibrations create sound through some fun hands-on activities; creating some super cool chemical reactions; and using static electricity to create a crazy hairstyle, move objects without touching them and even levitate objects. It was great to see a steady stream of visitors enjoying the exhibits and learning about science.

My thanks to all of our enthusiastic and dedicated junior Scientists (and their families) for your hard work over many weeks, I am very proud of you all.

Well done everyone!

Robyn Masters

Science Teacher #ScienceRules





ART SHOW



Last Thursday evening the annual Cardinia Primary School Art Show was once again held.

All students, in all grades, chose 3 artworks to display in the Art Show. There was a variety of art to see and the standard is testament to the hard work of students during the first half of the year. It was super to see the excitement on the students faces when showing off their wonderful work to family & friends - it really makes all of the effort prior worth it.

The cake stall was again a hit, with many families leaving with anticipation of “what to eat first” while looking at the goodies on their plates. A huge thank you to the families who baked &/or donated time to set up these treats.

Thank you to everyone who helped set up for the Art Show, moved out of their classrooms for the day, or supported the students by attending on the evening. Your support is truly appreciated.

Thank you to the students & Ms. Masters for the excellent Science Fair – by all accounts it was another successful event.

Finally, thank you to our wonderful, creative students, you are all amazing!

Ms Henson & Mrs Parker



School Values:

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Show Day:

Last Friday, our school came alive with excitement for Show Day! It was a truly fantastic day, with students coming together to create a wide range of fun and engaging stalls. Their teamwork and dedication really shone through, and all of their hard work paid off.

From face painting and lucky dips to mystery boxes, fake tattoos, the longest kick, goalkeeping challenges, and so much more, there was something for everyone to enjoy. The atmosphere was full of laughter and energy.

A huge thank you to all the students and staff who worked so hard to make the day such a success!

Miss D





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TALENT SHOW

The Cardinia Talent Show last Friday was a great success despite the weather causing a sudden change of venue half-way through.

We had students showing off their abilities with singing, dancing, acting and even some Magic Tricks.

Throughout the Talent Show our community spirit was displayed with everyone encouraging the performers and working together when we needed to shift.

We want to thank all the performers. It is brave of each one of them to get up and perform in front of so many people.

We want to thank all the parents who encouraged their children with practice for their performances and supplied their outfits.

We want to thank all who were involved in making the Talent Show an enjoyable time for everyone.







CONGRATULATIONS OBIE

We are incredibly proud to announce that Obie has been selected to represent Victoria in the Under 12 Boys Victorian Netball Team!

This is a fantastic achievement and a reflection of Obie's dedication, skill, and hard work both on and off the court. Competing at this level requires commitment, teamwork, and a positive attitude — qualities Obie has demonstrated in abundance.

We wish him all the best as he trains and prepares to take on the best young netballers from across Australia. Go, Obie!



CARDI AWARDS

Congratulations on reaching **25** Cardi Awards!



Tia 5/6 A



Darcy 5/6 A



Milly 5/6 A

THE RESILIENCE PROJECT.

We're working with The Resilience Project

We're proud to be implementing TRP's evidence-based whole school wellbeing program. Students will engage in weekly lessons to understand and strengthen their practice of **Gratitude**, **Empathy**, **Mindfulness** and **Emotional Literacy**.

Gratitude



Gratitude involves recognising and expressing appreciation for the people, places and things in our lives. Practising gratitude allows us to pay attention to what we have, increasing feelings of happiness and leading to a more positive outlook on life.

Empathy



Empathy involves understanding others' feelings and perspectives and is practised through kindness, compassion and curiosity. Developing empathy fosters deeper connections, increases our likelihood of acting kindly, and helps us experience positive emotions.

Mindfulness



The practice of mindfulness is about an awareness of life as we are living it.

It allows us to be responsive to our experiences rather than being reactive, and to live with greater balance, presence and connection.

Emotional Literacy



Emotional Literacy involves learning to identify and label our emotions, as well as developing emotional regulation skills. When we can accurately name our feelings and emotions, it reduces the impact of uncomfortable emotions and enhances the effect of positive ones.

TO LEARN MORE ABOUT THE RESILIENCE PROJECT, HEAD TO:



@theresilienceproject_



The Resilience Project



The Resilience Project



theresilienceproject.com.au

Family Activity

MINDFUL MOVEMENT: CONNECTING BODY & MIND

As a family, discuss how often when we move, we do so mindlessly. We are more focused on where we are trying to get to or the thoughts spinning around in our heads. **When we move with mindfulness, it becomes a fantastic way to bring together movement of the body and focus of the mind.**

ACTIVITY IDEA: FAMILY WALKING MEDITATION

Set aside time to take a short walk together. As you walk, practice mindful movement by focusing on each step you take. **Remind yourselves that your body is moving, while your mind remains calm and present.**

Here are some ideas to help you focus:



Pay attention to **your breath** as you walk.



Notice how your **arms swing**, your **feet lift**, and your **knees bend**.



Focus on the sensation of your foot touching the ground: heel, ball, and toes.

After your walk, talk about how it felt. Did it help you feel more centered? Where else in your daily life could mindful movement be helpful?



TO LEARN MORE ABOUT THE RESILIENCE PROJECT, HEAD TO:



@theresilienceproject_



The Resilience Project



The Resilience Project



theresilienceproject.com.au

From the Office



****ALL EXCURSION FORMS AND PAYMENTS NOW IN XUNO****

XUNO is your parent portal to view news and events, book parent teacher interviews, check your child's live attendance, mark absences, view reports, and more. Please contact the office if you have any problems or questions about setting up, and signing in to your account.



Qkr! Is the app that the school is using to accept payments such as: Meal Deals, second hand uniform and fundraising.

Please see the office staff if you need more information about using Qkr!

Breakfast Club

Breakfast club runs each Friday between 8:30-8:45am in the Science Room. This program is government funded and open to all students.

Food available may be Weetbix, muesli, toast with Vegemite or honey, baked beans, spaghetti and fruit cups. Please let us know when dropping off your child if there are any allergies we need to be aware of.

Children are welcome to come to the Science Room from 8:30am. Please do not drop your child off any earlier than this. We welcome any parents who would like to come once a month (or less if we get enough help) to serve and tidy up.



Before and After School Care

Our before and after school care is provided by DS Sports. Click on the link below for more information

<https://www.dssports.org/cardiniaprimary-1-1>

Monday to Friday: Before School Care from 6:30am
After School Care from 3:30pm - 6:30pm



Cardinia General Store

Shop lunch orders can be ordered any day of the week and will be delivered to students in time for lunch (12:20pm) - sandwiches, hot food and drinks included!

Place your order directly at the shop.



Phone: 5998 8488

Term Dates 2025

Term 1:	Wednesday 29th January - Friday 4th April
Term 2:	Tuesday 22nd April - Friday 4th July
Term 3:	Monday 21st July - Friday 19th September
Term 4:	Monday 6th October - Friday 19th December

School Values:

Resilience

Respect

Working Together

Personal Best

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**Cardinia Primary**

Before & After Care Service

BEFORE CARE
\$2.80*

AFTER CARE
\$3.40*

What's Included

- ✓ Breakfast
- ✓ Afternoon Tea
- ✓ Games, Coaching, Activities for all
- ✓ Extended hours

FUN - ACTIVE - ENGAGING





 **DSSSPORTS.ORG**

ENROLL NOW

*Prices will vary depending on each families CCS application

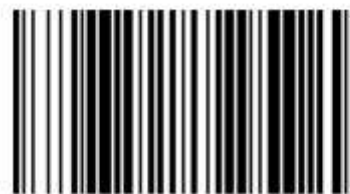
Container Deposit Scheme

Help to raise money for our school by collecting bottles and cans.

At the return-it centres, customers feed their eligible cans or bottles through the machine, then they can enter the zone ID or scan barcode to choose to donate their deposit to the school. We also have a couple of bins around the school to collect eligible bottles (at the office and the middle learning centre) Please check all items placed in the bins at school have the 10c mark.

Your Zone ID Barcode:

C2100075382



Cardinia Primary School

