

# Cardinia Primary Newsletter



Newsletter No. 17

Thursday 9th October 2025

2405 Ballarto Road, Cardinia

Principal: Mrs. Susan Wepster

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## DATES TO REMEMBER



### OCTOBER

Friday 10th October	Assembly - 3PM
Saturday 18th October	Movie Night
Wednesday 22nd October	2026 Foundation 2nd Transition Session
Wednesday 22nd October	School Council Meeting
Wednesday 29th October	<b>Curriculum Day— No Students at School</b>
Thursday 30th October	Life Ed—Information to follow
Friday 31st October	JSC Dressup Favourite Sports Team /Person Gold Coin

### NOVEMBER

Tuesday 4th November	<b>MELBOURNE CUP DAY—No Students at School</b>
Wednesday 5th—Thursday 6th November	Life Ed—Information to follow
Wednesday 12th November	2026 Foundation 3rd Transition Session
Friday 14th November	Colour Run
Wednesday 26th—Friday 28th November	Whole School Camp—CYC Philip Island Adventure Resort

### DECEMBER

Friday 5th December	All School Library books must be returned
Tuesday 9th December	Statewide Transition Day
Friday 12th December	<b>Curriculum Day—No Students at School</b>
Wednesday 17th December	Year 6 Celebration Day
Thursday 18th December	School Concert

# PRINCIPAL'S REPORT

Dear Parents and Carers,

Welcome back to Term 4! It's shaping up to be a long and busy term, and we hope everyone feels relaxed and refreshed after the holiday break.

Mrs Wepster is on long service leave for the first three weeks of this term. If you have any questions or concerns during this time, please contact your child's teacher or Mrs Esler.

## Student Attendance – Late Arrivals

A reminder that if your child arrives late to school, they must be signed in at the office. Last term there were several occasions where students collected a late pass without being signed in. Because our office is such a busy place—especially in the mornings—it's possible for office staff to be unaware that a child has arrived. This can result in parents receiving an automatic text message saying their child is absent, which we know can be very distressing. Please take the extra moment to ensure your child is signed in properly.

## Hey students of Cardinia (and grown-ups too!) – it's time for MOVIE NIGHT at school!

Saturday 18th October

Yummy food from 5:00pm

Movie magic begins at 6:00pm

Every ticket includes:

A sausage in bread

🥤 A drink

🍿 Popcorn for munching during the movie!

😊 Want something extra tasty? Pre-order a juicy brisket roll!

Bring your blankets and beanbags to snuggle in while watching the big screen in the Cardinia Hall

👉 Tickets only on the Qkr app – grab yours before they're gone!

Further information can be found on the poster.

## Fundraising – Colour Run 2025

Fundraising continues to play an important role in supporting our school. We are very fortunate to have a committed and tireless school council and staff who work hard to provide our students with the best possible experiences and opportunities.

This year's **Colour Run** will be a major event! The funds raised will go towards purchasing a **Nudelkart**, which will add exciting new opportunities to our playground. You can see some of the amazing creations children can make with it at [nudelkart.com](https://nudelkart.com).

We encourage all families to get involved and support this project by sharing our fundraising efforts with friends and extended family. Every contribution will help us reach our goal and provide something wonderful for our students.

Thanks



## HATS

All students must wear a hat during play times and outside activities. Students who do not have a hat will be required to play undercover on the basketball court.

Hats can be purchased from Beleeza in Pakenham



## MEMORIAL GARDEN MULCH

Calling all green thumbs! 🌱 We need your help!

We're sprucing up our beautiful **Memorial Garden** near the **Buddy Benches** and are on the hunt for some **mulch** to keep it looking great. Mulching is essential for locking in moisture and suppressing weeds, ensuring this special space thrives.

**Do you know a supplier, have a friendly connection, or perhaps have some suitable mulch (wood chips, arborist mulch, etc.) you'd be willing to donate?**

Any leads or contributions would be hugely appreciated! Please contact the office if you can help.



## CHURCH CARPARK

We've been advised that the church across the has recently been sold. The new owners have made contact.

As part of upcoming changes to the property, new gates will be installed in the next couple of months. You are still welcome to park here in the meantime.

However once these are in place, school staff and families will no longer be able to use the church area for parking.

We appreciate everyone's understanding and cooperation.

# MOVIE NIGHT

CARDINIA  
PRIMARY  
SCHOOL

MOVIE  
NIGHT

FOOD FROM 5PM

MOVIE STARTS AT 6PM

Movie will be shown in the Cardinia Hall

Bring a blanket or beanbag to sit on  
NO CAMP CHAIRS

BOOK ON QKR APP

SATURDAY  
18TH OCTOBER

FAMILY TICKETS  
(2 ADULTS AND 2 CHILDREN)

\$35

SINGLE TICKETS

\$10

Ticket price includes: sausage in bread, drink & popcorn

ELIO

PRE-ORDER ONLY

Brisket rolls

with or without coleslaw

\$15

complementary side of Mac & cheese

NO SAUSAGE, DRINK OR POPCORN

INCLUDED WITH BRISKET ROLL

CHILDREN ARE TO BE SUPERVISED BY THEIR FAMILIES AT ALL TIMES.

MAKE SURE YOU GET IN FAST AND BOOK YOUR TICKETS  
AND

PRE ORDER THE DELISHOUS BRISKET ROLL

# DONATIONS PLEASE

## The Woolies

Wool is lots of fun!

And we love making pom poms!

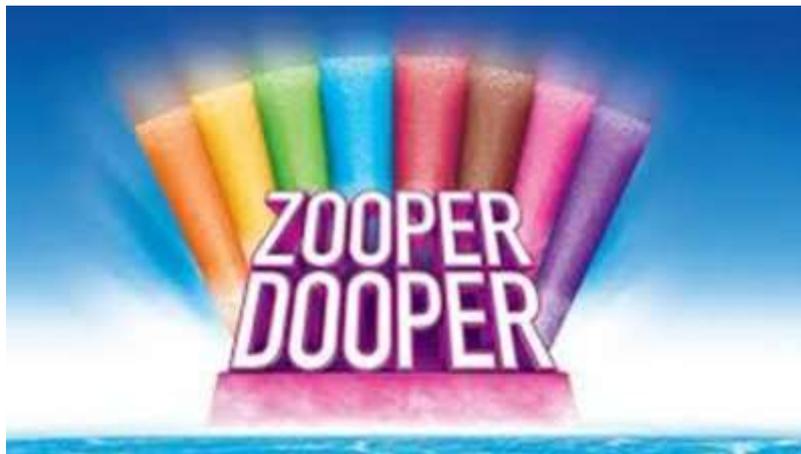


“The Woolies” is a lunchtime club in which we use wool to keep our fingers busy.

**We are still after any donations to make this activity possible!**

Thank you very much,

Cherida, (Wellbeing Coordinator)



## **ZOOPER DOOPERS**

**can be purchased on the Qkr app or at the office**

It's that time of the year again as the weather warms up, we will be selling ZooperDoppers on Thursdays during the last break for \$1.

This is part of the year 6 fundraising to contribute to their end of year celebration day.

We are asking for donations from families of packets of zooperdoppers to make this fun treat possible. (Please no sugar free or sour flavours)

Thank you from the Year 6 students!

## DEADLY DAYS EXCURSION

On the 18<sup>th</sup> of September, the School Captains, the Koori Leader and some other student leaders went to an event named “Deadly Day”. The first thing that we did was a little scavenger hunt around the outside of Cardinia Central building. Then we were called inside for a little groove with a Hip Hop group to show us some moves. After a little dance we split up into groups. Some of the activities were dance, a little get together with other schools, some games outside and some arts and crafts including painting some Aboriginal symbols. We had a blast learning about the Aboriginal history and meeting new people.

By Skye and Emilia



*School Values:*

*Resilience*

*Respect*

*Working Together*

*Personal Best*

*Caring*

# CARDI AWARDS

Congratulations on reaching **25** Cardi Awards!



Casey T 5/6 B

## THE RESILIENCE PROJECT.

# We're working with The Resilience Project

We're proud to be implementing TRP's evidence-based whole school wellbeing program. Students will engage in weekly lessons to understand and strengthen their practice of **Gratitude**, **Empathy**, **Mindfulness** and **Emotional Literacy**.

### Gratitude



Gratitude involves recognising and expressing appreciation for the people, places and things in our lives. Practising gratitude allows us to pay attention to what we have, increasing feelings of happiness and leading to a more positive outlook on life.

### Empathy



Empathy involves understanding others' feelings and perspectives and is practised through kindness, compassion and curiosity. Developing empathy fosters deeper connections, increases our likelihood of acting kindly, and helps us experience positive emotions.

### Mindfulness



The practice of mindfulness is about an awareness of life as we are living it.

It allows us to be responsive to our experiences rather than being reactive, and to live with greater balance, presence and connection.

### Emotional Literacy



Emotional Literacy involves learning to identify and label our emotions, as well as developing emotional regulation skills. When we can accurately name our feelings and emotions, it reduces the impact of uncomfortable emotions and enhances the effect of positive ones.

TO LEARN MORE ABOUT THE RESILIENCE PROJECT, HEAD TO:

 @theresilienceproject\_  The Resilience Project  The Resilience Project  [theresilienceproject.com.au](https://theresilienceproject.com.au)



Dear Families,

Welcome back to **Term 4!**

As we return to school, it's a great time to carry forward the spirit of GEM: **Gratitude, Empathy and Mindfulness**, into our everyday routines.

✦ **Gratitude** – Let's begin the term by celebrating the little things that make our school community special. A smile at the gate, a kind word in the classroom, or the joy of learning something new all remind us to be thankful.

♥ **Empathy** – With a busy term ahead, showing care and understanding for one another will help everyone feel supported and included. A simple act of kindness can make someone's whole day brighter.

🌿 **Mindfulness** – Amongst the excitement, it's important to pause and be present. Taking a mindful moment, whether in the classroom, playground, or at home helps us feel calmer, more focused, and ready to learn.

We as a school community look forward to a term filled with learning, connection, and plenty of GEM moments together.

# Family Activity

## MINDFULNESS: TUNING IN TOGETHER

As a family, take 5–10 minutes to stop, sit, or stand outside together. Close your eyes (if comfortable) and focus on the sounds around you.

- ★ **Listen quietly for 2 minutes** – notice all the sounds you can hear, near and far (birds, wind, cars, footsteps).
- ★ **Take turns sharing what you noticed** – you'll be surprised how each person hears something different!
- ★ **Reflect together** – how did it feel to pause and listen? Did you notice things you usually miss?



**Tip:** You can try this indoors too – maybe during dinner. Listen for kitchen sounds, laughter, or even the fizz of a drink being poured.



TO LEARN MORE ABOUT THE RESILIENCE PROJECT, HEAD TO:

theresilienceproject\_\_  The Resilience Project

## From the Office



### **\*\*ALL EXCURSION FORMS AND PAYMENTS NOW IN XUNO\*\***

XUNO is your parent portal to view news and events, book parent teacher interviews, check your child's live attendance, mark absences, view reports, and more. Please contact the office if you have any problems or questions about setting up, and signing in to your account.



**Qkr!** Is the app that the school is using to accept payments such as: Meal Deals, second hand uniform and fundraising.  
Please see the office staff if you need more information about using Qkr!

### **Breakfast Club**

Breakfast club runs each Friday between 8:30-8:45am in the Science Room. This program is government funded and open to all students.

Food available may be Weetbix, muesli, toast with Vegemite or honey, baked beans, spaghetti and fruit cups. Please let us know when dropping off your child if there are any allergies we need to be aware of.

Children are welcome to come to the Science Room from 8:30am. Please do not drop your child off any earlier than this. We welcome any parents who would like to come once a month (or less if we get enough help) to serve and tidy up.



### **Before and After School Care**

Our before and after school care is provided by DS Sports. Click on the link below for more information

<https://www.dssports.org/cardiniaprimary-1-1>

Monday to Friday: Before School Care from 6:30am  
After School Care from 3:30pm - 6:30pm



### **Cardinia General Store**

Shop lunch orders can be ordered any day of the week and will be delivered to students in time for lunch (12:20pm) - sandwiches, hot food and drinks included!

Place your order directly at the shop.



Phone: 5998 8488

### **Term Dates 2025**

Term 1:	Wednesday 29th January - Friday 4th April
Term 2:	Tuesday 22nd April - Friday 4th July
Term 3:	Monday 21st July - Friday 19th September
Term 4:	Monday 6th October - Friday 19th December

School Values:

Resilience

Respect

Working Together

Personal Best

Caring



Cardinia Primary

# Before & After Care Service

BEFORE CARE

\$2.80\*

AFTER CARE

\$3.40\*

## What's Included

- ✓ Breakfast
- ✓ Afternoon Tea
- ✓ Games, Coaching, Activities for all
- ✓ Extended hours

**FUN - ACTIVE - ENGAGING**



DSSPORTS.ORG

**ENROLL NOW**

\*Prices will vary depending on each families CCS application

## Container Deposit Scheme

Help to raise money for our school by collecting bottles and cans.

At the return-it centres, customers feed their eligible cans or bottles through the machine, then they can enter the zone ID or scan barcode to choose to donate their deposit to the school. We also have a couple of bins around the school to collect eligible bottles (at the office and the middle learning centre) Please check all items placed in the bins at school have the 10c mark.

Your Zone ID Barcode:

**C2100075382**



Cardinia Primary School





# MUSIC LESSONS IN YOUR SCHOOL

## JOIN FOR TERM 4



[www.jpmusicacademy.com.au/schools](http://www.jpmusicacademy.com.au/schools)  
**TRY A FREE TRIAL LESSON**

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