

# Cardinia Primary Newsletter



Newsletter No. 18

Thursday 23rd October 2025

2405 Ballarto Road, Cardinia

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## DATES TO REMEMBER



### OCTOBER

Wednesday 29th October

**Curriculum Day— No Students at School**

Thursday 30th October

Life Education Victoria

Friday 31st October

JSC Dressup Favourite Sports Team /Person Gold Coin

### NOVEMBER

Tuesday 4th November

**MELBOURNE CUP DAY—No Students at School**

Wednesday 5th—Thursday 6th November

Life Education Victoria

Monday 10th December

Camp Meeting—3:30PM in the BER Building

Wednesday 12th November

2026 Foundation 3rd Transition Session

Friday 14th November

Colour Run

Wednesday 26th—Friday 28th November

Whole School Camp—CYC Philip Island Adventure Resort

### DECEMBER

Friday 5th December

All School Library books must be returned

Tuesday 9th December

Statewide Transition Day

Friday 12th December

**Curriculum Day—No Students at School**

Wednesday 17th December

Year 6 Celebration Day

Thursday 18th December

School Concert

# PRINCIPAL'S REPORT

Dear Parents and Carers,

As we move into Weeks 3 and 4 of Term 4, the energy around our school is buzzing! It's such a wonderful time of year as we head toward the end of another busy and successful term, and we continue to see so many smiling faces and great learning happening in classrooms.

A big shout out to Grade 1 and 2 students this week who are improving their writing in their workbooks everyday. The School Leadership Team are extremely pleased with what they are seeing.

A huge thank you to everyone who supported and attended our Movie Night last week. What a fantastic evening it was! It was wonderful to see so many families coming together to enjoy a relaxed night in the local Hall. The atmosphere was full of laughter, community spirit, and delicious food. A big shout out to everyone who helped behind the scenes to make it all happen. From setting up and packing away, to cooking and serving the yummy treats, your efforts truly made the night special. Events like these remind us how lucky we are to have such a supportive school community.

We are also excited to officially welcome Trent Wursthorn to our Cardinia team as our Maintenance Person. Trent has already hit the ground running, lending a helping hand wherever it's needed, and we're thrilled to have him on board keeping our grounds and facilities in top shape.

We look forward to Mrs Wepster's return from long service leave on Monday, 27th October. We hope she has enjoyed a well deserved break and we can't wait to have her back with us.

A reminder that Wednesday the 29th of October is a Curriculum Day and Tuesday the 4th of November is the Melbourne Cup Public Holiday. Please take note of these dates as there will be no school for students on those days.

And finally, remember we're gearing up for one of the most exciting events of the year: our 2025 Colour Run! This event is always a highlight for students, combining fun, fitness, and fundraising all in one. Funds raised this year will go towards purchasing a Nudelkart, an amazing addition to our playground that encourages creativity, problem-solving, and teamwork through hands on construction play.

We encourage all students to sign up and get involved! Share the event with family and friends, every bit of support helps us reach our goal and provide something truly special for our students. It's going to be colourful, exciting, and a day full of smiles, so let's make it our biggest and best Colour Run yet!

Thank you for your continued support, positivity, and enthusiasm, it's what makes Cardinia such a strong and connected community.

Thanks

Trudie Esler



## APPROVALS AND PAYMENTS DUE

Please ensure approvals and payments are completed by the due dates.

EVENT	YEAR LEVEL	DUE DATE	AMOUNT
Whole School Camp	Whole School	14th November	\$320.00
Life Education Victoria	Whole School	23rd October	\$5
Year 6 Gumbuya World	Year 6	10th November	No Cost

PLEASE CONTACT THE OFFICE IF YOU WISH TO USE FUNDS ON YOUR ACCOUNT TO CONTRIBUTE TO THESE PAYMENTS

### CAMP MEDICAL INFORMATION FORMS

Please ensure these forms are returned to the office by no later than WEDNESDAY 19th NOVEMBER.

Students cannot attend camp without a completed form.

### MEDICATION

**All medication** must be in blister packs (unless in liquid form) and given to Trudie Esler or Michelle Henson by **WEDNESDAY 19<sup>th</sup> NOVEMBER**.

All blister packs must be labelled by the chemist, with your child's name, the dose to be taken as well as when and how it should be taken.

If your child is on antibiotics (eg: ear infection), this medication can be handed in on the morning of departure. The medications will be kept by the staff and distributed as required.

### LOST PROPERTY

We have a large collection of lost property at the moment including items left from sleepover.

Please ensure school uniforms are clearly labelled so items can be returned to students when brought up to the office.

# DONATIONS PLEASE

## The Woolies

Wool is lots of fun!

And we love making pom poms!

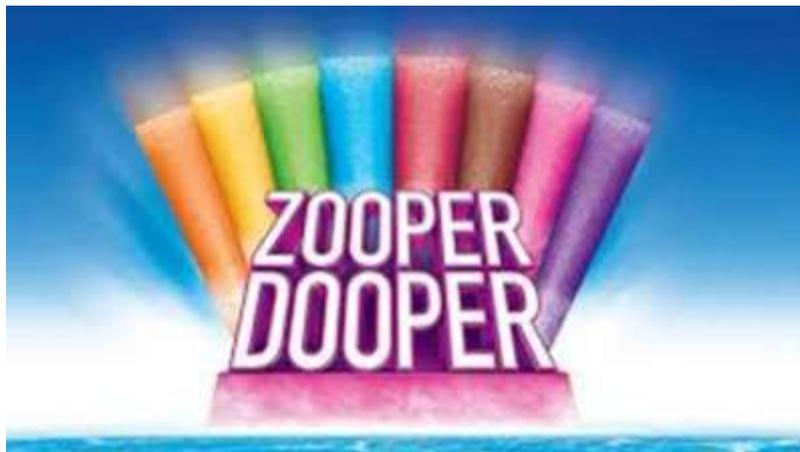


“The Woolies” is a lunchtime club in which we use wool to keep our fingers busy.

**We are still after any donations to make this activity possible!**

Thank you very much,

Cherida, (Wellbeing Coordinator)



## **ZOOPER DOOPERS**

**can be purchased on the Qkr app or at the office**

It's that time of the year again as the weather warms up, we will be selling ZooperDoppers on Thursdays during the last break for \$1.

This is part of the year 6 fundraising to contribute to their end of year celebration day.

We are asking for donations from families of packets of zooperdoppers to make this fun treat possible. (Please no sugar free or sour flavours)

Thank you to all of the families that have donated so far.

# CARDI AWARDS

Congratulations on reaching **25** Cardi Awards!



Jai W 3/4 C



Alex M 3/4 C



Aadhya S 3/4 C



Riley L 3/4 C



Jaxon M 1/2 C



Kristy A 1/2 C

## THE RESILIENCE PROJECT.

# We're working with The Resilience Project

We're proud to be implementing TRP's evidence-based whole school wellbeing program. Students will engage in weekly lessons to understand and strengthen their practice of **Gratitude**, **Empathy**, **Mindfulness** and **Emotional Literacy**.

### Gratitude



Gratitude involves recognising and expressing appreciation for the people, places and things in our lives. Practising gratitude allows us to pay attention to what we have, increasing feelings of happiness and leading to a more positive outlook on life.

### Empathy



Empathy involves understanding others' feelings and perspectives and is practised through kindness, compassion and curiosity. Developing empathy fosters deeper connections, increases our likelihood of acting kindly, and helps us experience positive emotions.

### Mindfulness



The practice of mindfulness is about an awareness of life as we are living it.

It allows us to be responsive to our experiences rather than being reactive, and to live with greater balance, presence and connection.

### Emotional Literacy



Emotional Literacy involves learning to identify and label our emotions, as well as developing emotional regulation skills. When we can accurately name our feelings and emotions, it reduces the impact of uncomfortable emotions and enhances the effect of positive ones.

TO LEARN MORE ABOUT THE RESILIENCE PROJECT, HEAD TO:

 @theresilienceproject\_  The Resilience Project  The Resilience Project  [theresilienceproject.com.au](https://theresilienceproject.com.au)

The logo for 'The Resilience Project' features the word 'THE' in white capital letters inside a blue circle. Below this, the words 'RESILIENCE' and 'PROJECT' are stacked in large, bold, black capital letters. A small 'TM' trademark symbol is located at the bottom right of the word 'PROJECT'.

Dear Families,

As we move through the next couple of weeks, it's a lovely opportunity to keep building on the GEM focus: **Gratitude, Empathy and Mindfulness**, that guides so much of what we value at Cardinia.

✨ **Gratitude** – Keep celebrating the small, everyday moments that make a difference, a smile from a friend, time spent together, or a helping hand when it's needed most. Recognising these moments helps us see just how much good surrounds us each day.

♥ **Empathy** – Let's continue to show care and kindness to others. Take the time to ask how someone's going, lend support where it's needed, or simply offer encouragement. These little acts of understanding can create a big ripple of positivity.

🌿 **Mindfulness** – Over the coming days, take a breath and enjoy being in the moment. Notice the laughter of children, the sounds of nature, or the calm of a quiet afternoon. Mindfulness reminds us to slow down and recharge before we step into another busy week.

 **Family GEM Activity:**

 **Gratitude Jar** – Each family member writes one thing they're thankful for each day and adds it to a jar. At the end of the fortnight, read them together and celebrate all the good things you noticed.

We hope the next two weeks bring you a wonderful balance of rest, joy, and connection.

Wishing everyone a calm, happy, and refreshing fortnight ahead!



**Join us on Saturday the 25<sup>th</sup> of October  
from 10am - 2pm at 17 Railway Road  
Clyde for a family fun day out!**

**You'll get a look at:**

- **Clyde's Fire Trucks**
- **Supporting Fire-Fighting Appliances**
- **Police and SES**
- **Historic Fire Trucks**
- **Fire Demonstrations**
- **Kids Activities**

**AND much more!**





## Everyone is Welcome at The Orange Door

Do you ever wish you knew who to call? Someone who knows where to go for support? We know who it is!

Katrina Herbert from The Orange Door will explain:

- What is The Orange Door?
- Who can call The Orange Door? ?
- How does The Orange Door help families?
- How do I get in contact with The Orange Door?

**Date:** Tuesday, November 18, 2025

**Time:** 6:30 - 7:30pm

**Where:** online via Zoom



**Click here to Register**

or scan the QR code

**Contact:**

0417 028 719 or

[cfccardinia@anglicarevic.org.au](mailto:cfccardinia@anglicarevic.org.au)



CFC is funded by the  
Australian Government,  
Department of Social Services.  
See [www.dss.gov.au](http://www.dss.gov.au) for more  
information.



[anglicarevic.org.au](http://anglicarevic.org.au)

BETTER  
TOMORROWS

## From the Office



### **\*\*ALL EXCURSION FORMS AND PAYMENTS NOW IN XUNO\*\***

XUNO is your parent portal to view news and events, book parent teacher interviews, check your child's live attendance, mark absences, view reports, and more. Please contact the office if you have any problems or questions about setting up, and signing in to your account.



**Qkr!** Is the app that the school is using to accept payments such as: Meal Deals, second hand uniform and fundraising.  
Please see the office staff if you need more information about using Qkr!

### **Breakfast Club**

Breakfast club runs each Friday between 8:30-8:45am in the Science Room. This program is government funded and open to all students.

Food available may be Weetbix, muesli, toast with Vegemite or honey, baked beans, spaghetti and fruit cups. Please let us know when dropping off your child if there are any allergies we need to be aware of.

Children are welcome to come to the Science Room from 8:30am. Please do not drop your child off any earlier than this. We welcome any parents who would like to come once a month (or less if we get enough help) to serve and tidy up.



### **Before and After School Care**

Our before and after school care is provided by DS Sports. Click on the link below for more information

<https://www.dssports.org/cardiniaprimary-1-1>

Monday to Friday: Before School Care from 6:30am  
After School Care from 3:30pm - 6:30pm



### **Cardinia General Store**

Shop lunch orders can be ordered any day of the week and will be delivered to students in time for lunch (12:20pm) - sandwiches, hot food and drinks included!

Place your order directly at the shop.



Phone: 5998 8488

### **Term Dates 2025**

Term 1:	Wednesday 29th January - Friday 4th April
Term 2:	Tuesday 22nd April - Friday 4th July
Term 3:	Monday 21st July - Friday 19th September
Term 4:	Monday 6th October - Friday 19th December

School Values:

Resilience

Respect

Working Together

Personal Best

Caring



Cardinia Primary

# Before & After Care Service

BEFORE CARE

\$2.80\*

AFTER CARE

\$3.40\*

## What's Included

- ✓ Breakfast
- ✓ Afternoon Tea
- ✓ Games, Coaching, Activities for all
- ✓ Extended hours

**FUN - ACTIVE - ENGAGING**



DSSPORTS.ORG

**ENROLL NOW**

\*Prices will vary depending on each families CCS application

## Container Deposit Scheme

Help to raise money for our school by collecting bottles and cans.

At the return-it centres, customers feed their eligible cans or bottles through the machine, then they can enter the zone ID or scan barcode to choose to donate their deposit to the school. We also have a couple of bins around the school to collect eligible bottles (at the office and the middle learning centre) Please check all items placed in the bins at school have the 10c mark.

Your Zone ID Barcode:

**C2100075382**



Cardinia Primary School





# MUSIC LESSONS IN YOUR SCHOOL

## JOIN FOR TERM 4



[www.jpmusicacademy.com.au/schools](http://www.jpmusicacademy.com.au/schools)  
**TRY A FREE TRIAL LESSON**

School Values:

*Resilience*

*Respect*

*Working Together*

*Personal Best*

*Caring*