

# Cardinia Primary Newsletter



Newsletter No. 19

Thursday 6th November 2025

2405 Ballarto Road, Cardinia

Principal: Mrs. Susan Wepster

Telephone: 03 5998 8323

<https://>

[www.facebook.com/cardiniaps](http://www.facebook.com/cardiniaps)



## DATES TO REMEMBER

### NOVEMBER

Monday 10th November	Camp Meeting—3:30PM in the BER Building
Wednesday 12th November	2026 Foundation 3rd Transition Session
Friday 14th November	Colour Run
Wednesday 26th—Friday 28th November	Whole School Camp—CYC Philip Island Adventure Resort

### DECEMBER

Friday 5th December	All School Library books must be returned
Tuesday 9th December	Statewide Transition Day
Friday 12th December	<b>Curriculum Day—No Students at School</b>
Wednesday 17th December	Year 6 Celebration Day
Thursday 18th December	School Concert

## HOUSE CHALLENGE

Our house captains will be running a house challenge for the remainder of term 4. Students are encouraged to walk laps of the oval between 8:45 until the music on Mondays, Wednesdays and Fridays. Parents, siblings and staff are all welcome to participate.

# PRINCIPAL'S REPORT

**Dear Parents and Carers,**

It is great to be back from long service leave! I spent time in Japan visiting my daughter and her family. It was wonderful to see my grandchildren and learn more about how they live over there.

While I was away, our school continued to flourish thanks to Assistant Principal **Trudie** and Leading Teacher **Michelle**, who did a wonderful job ensuring everything ran smoothly.

This term, our student leaders have launched an exciting new **House Challenge** designed to help us all get fitter and earn points for our Houses. Each **Monday, Wednesday, and Friday morning**, students and families are invited to join us in walking laps of the oval. It's a great way to start the day and build community spirit!

As many of you know, **rabbits** have long been a problem on our oval, and the recent land clearing on the neighbouring property has made it even worse. A huge thank you to **France Maya** for generously helping us with this problem at no cost to the school. We're hopeful we'll see far fewer rabbit holes in the coming months. If you're looking into rabbit control yourself, France has recently started a new business — his contact details will be included in the next newsletter.

Our **Life Education lessons** have begun for the year, and students are thoroughly enjoying learning about healthy lifestyles and making positive choices.

We are very excited to share the results of our recent **Attitudes to School Survey**. All students in Years 4–6 completed the survey last term. This statewide survey compares schools across Victoria on measures such as effective teaching practice, learner characteristics, school safety, social engagement, and teacher–student relationships.

We are extremely proud of our results, which place us **well above state averages** and **among the top schools in our network**. These outstanding results reflect the dedication and care shown by our staff, who work tirelessly to support both the learning and the wellbeing of every child.

A special mention goes to **Mrs Esler** for her work through the *Mental Health in Primary Schools* project. Her leadership, along with the commitment of all our staff, ensures that our students are thriving and that their academic, social, and emotional needs are being met every day.

We'd like to extend a heartfelt thank you to everyone who helps and contributes to fundraising at our school. The money raised through events held here at Cardinia goes directly back into supporting our students and enhancing our school environment. We're very fortunate to have such wonderful facilities on-site, which means we can host our events right here at school, saving costs and ensuring that every dollar raised makes a real difference for our students and the learning opportunities they enjoy. If you have any questions or would like to know more, please feel free to chat with our school leadership team.

One of the highlights of each year at our school is our school **Beach Picnic** at Philip Island. Next year it will be on the 13<sup>th</sup> February. For the last few years, we have been lucky to have Brendan Langeweg take our BBQ trailer down to Philip Island and cook the BBQ; we thank Brendan for this. Brendan is not able to help out next year due to work commitments, and we are looking for another family who might be able to help with getting the trailer down to Philip Island. Please let our office staff know.

Our Year 6 students are continuing their fundraising for their end-of-year activities through the sale of **Zooper Doopers**. These icy treats are always popular during the warmer months and a welcome way to cool down on hot days! From next week, we'll be changing the way Zooper Doopers are sold. They will no longer be available through QKR. Instead, students can bring \$1 to school and purchase them directly from the kitchen window in the Science room each Thursday at 2pm. This new process gives our Year 6 students a great opportunity to develop their organisational and customer service skills while supporting their fundraising efforts.

Thank you for your ongoing support, time, and generosity. It's the spirit of our community that makes Cardinia such a special place to be.

Susan Wepster



## APPROVALS AND PAYMENTS DUE

Please ensure approvals and payments are completed by the due dates.

EVENT	YEAR LEVEL	DUE DATE	AMOUNT
Whole School Camp	Whole School	14th November	\$320.00
Year 6 Gumbuya World	Year 6	10th November	No Cost

PLEASE CONTACT THE OFFICE IF YOU WISH TO USE FUNDS ON YOUR ACCOUNT TO CONTRIBUTE TO THESE PAYMENTS

### CAMP MEDICAL INFORMATION FORMS

Please ensure these forms are returned to the office by no later than WEDNESDAY 19th NOVEMBER.

Students cannot attend camp without a completed form.

### MEDICATION

All medication must be in blister packs (unless in liquid form) and given to Trudie Esler or Michelle Henson by WEDNESDAY 19<sup>th</sup> NOVEMBER.

All blister packs must be labelled by the chemist, with your child's name, the dose to be taken as well as when and how it should be taken.

If your child is on antibiotics (eg: ear infection), this medication can be handed in on the morning of departure. The medications will be kept by the staff and distributed as required.

### CAMP INFO EVENING

We will be having a camp meeting in the BER on Monday 10th November at 3.40pm. It is an opportunity to see how we would like medicines packaged and a chance to ask any last minute questions you may have about camp. In the meantime, if you have any other questions don't hesitate to ask Mr Briginshaw or Mrs Esler.

# BUS LUGGAGE REQUIREMENTS



## IMPORTANT INFORMATION - SCHOOL CAMP TRANSPORT

Panorama Coaches are pleased to be transporting your students to and from camp this year.

Please note the below information regarding Luggage and Lost Property, and ensure these tips are passed on to parents.

### Luggage

- ▶ Bags must be soft-sided, Sausage Bag type  
NO SUITCASES OR HARD FRAMED BACKPACKS
- ▶ Maximum weight 12kgs  
(If you can't lift it, no-one should)
- ▶ Sleeping bag to be kept separate  
(Not tied to bag)
- ▶ All items to be clearly marked with the student's name & SCHOOL

**N.B. Our H & S Policy instructs our Drivers that they are not to lift anything heavier than 12kg.**

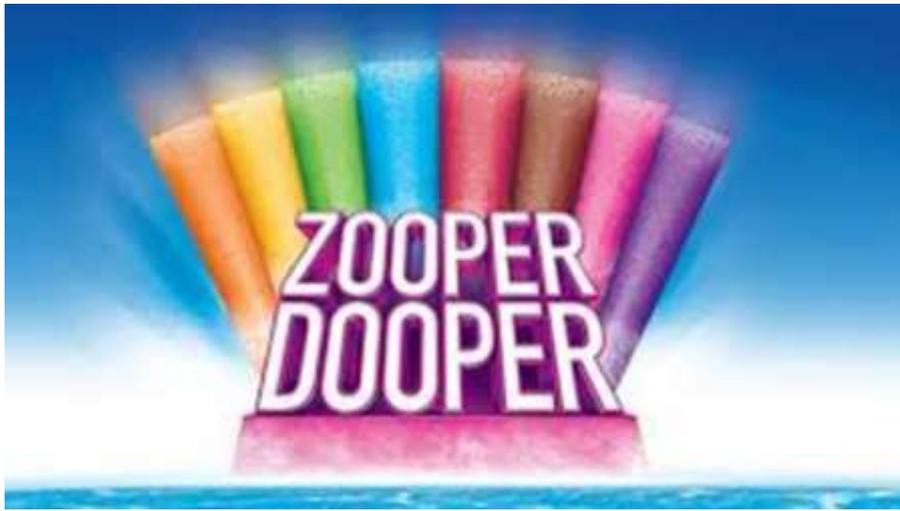
**Please advise parents to label ALL their child's property with a name and phone number (or School & Class).**

*This will assist our efforts to return any items which may be missed.*

Panorama Coaches  
Accredited Operator No. AQ-R004R2 ABN:  
72 050 462 630

Hurstbridge Bus & Coach P/L  
Phone: (03) 9438 3666 Fax: (03) 9438 5235  
Address: (PO Box 155) 103 Main Hurstbridge Rd Diamond Creek VIC 3089  
[www.panoramacoaches.com.au](http://www.panoramacoaches.com.au)  
Email: [enquiries@panoramacoaches.com.au](mailto:enquiries@panoramacoaches.com.au)

Panorama Travel  
ABN: 66 054 535 695



## **ZOOOPER DOOPERS**

From next week, we'll be changing the way Zoooper Doopers are sold.

**They will no longer be available through QKR or through the office**

**Instead, students can bring \$1 to school and purchase them directly from the kitchen window in the Science room each Thursday at 2pm.**

This new process gives our Year 6 students a great opportunity to develop their organisational and customer service skills while supporting their fundraising efforts.

We are still asking for donations from families of packets of zoooper doopers to make this fun treat possible. (Please no sugar free or sour flavours)

Thank you to all of the families that have donated so far.

# TALK LIKE A PIRATE DAY

Ahoy there me 'earties! Last Friday saw the Foundation classrooms taken over by swash-buckling pirates. Students wore pirate costumes, sang sea shanties, played pirate games and made visitors walk the plank. They even learnt cool pirate facts to celebrate Talk Like a Pirate day, including the reason that pirates wore eyepatches (to ensure that one eye was accustomed to the dark so that they could find their way around below deck easier!) A terrific day was had by all Captains, pirates and their first mates.



# CARDI AWARDS

Congratulations on reaching **25** Cardi Awards!



Josh D 5/6A



Blake H 5/6A



Caitlin H 5/6B



Errol W 5/6B



Thomas H 5/6B

## THE RESILIENCE PROJECT.

# We're working with The Resilience Project

We're proud to be implementing TRP's evidence-based whole school wellbeing program. Students will engage in weekly lessons to understand and strengthen their practice of **Gratitude**, **Empathy**, **Mindfulness** and **Emotional Literacy**.

### Gratitude



Gratitude involves recognising and expressing appreciation for the people, places and things in our lives. Practising gratitude allows us to pay attention to what we have, increasing feelings of happiness and leading to a more positive outlook on life.

### Empathy



Empathy involves understanding others' feelings and perspectives and is practised through kindness, compassion and curiosity. Developing empathy fosters deeper connections, increases our likelihood of acting kindly, and helps us experience positive emotions.

### Mindfulness



The practice of mindfulness is about an awareness of life as we are living it.

It allows us to be responsive to our experiences rather than being reactive, and to live with greater balance, presence and connection.

### Emotional Literacy



Emotional Literacy involves learning to identify and label our emotions, as well as developing emotional regulation skills. When we can accurately name our feelings and emotions, it reduces the impact of uncomfortable emotions and enhances the effect of positive ones.

TO LEARN MORE ABOUT THE RESILIENCE PROJECT, HEAD TO:



@theresilienceproject\_



The Resilience Project



The Resilience Project



theresilienceproject.com.au

The logo for 'The Resilience Project' features the word 'THE' in white capital letters inside a blue circle. Below this, the words 'RESILIENCE' and 'PROJECT' are stacked in large, bold, black capital letters. A small 'TM' trademark symbol is located at the bottom right of the word 'PROJECT'.

**Dear Families,**

As we reach the midpoint of the term, it's a lovely reminder that GEM isn't something we do just once, it's something we practise and grow every day.

✨ **Gratitude** – Reflect on how far we've come. Celebrate achievements, big or small, and take pride in progress, not perfection.

❤️ **Empathy** – Be curious about others' feelings and experiences. Sometimes just asking, “*Are you okay?*” or “*How can I help?*” opens a door to connection.

🌿 **Mindfulness** – Notice the rhythm of your days. Pause between activities, take mindful moments outdoors, and enjoy being present in the now.

May the coming weeks bring warmth, balance, and a deeper sense of togetherness for all.

 **Family GEM Activity:**

💬 *Kindness Cards* – Create small cards or notes with kind messages like “You make me smile” or “Thanks for helping me.” Hide them around the house for others to find and enjoy.

## From the Office



### **\*\*ALL EXCURSION FORMS AND PAYMENTS NOW IN XUNO\*\***

XUNO is your parent portal to view news and events, book parent teacher interviews, check your child's live attendance, mark absences, view reports, and more. Please contact the office if you have any problems or questions about setting up, and signing in to your account.



**Qkr!** Is the app that the school is using to accept payments such as: Meal Deals, second hand uniform and fundraising.  
Please see the office staff if you need more information about using Qkr!

### **Breakfast Club**

Breakfast club runs each Friday between 8:30-8:45am in the Science Room. This program is government funded and open to all students.

Food available may be Weetbix, muesli, toast with Vegemite or honey, baked beans, spaghetti and fruit cups. Please let us know when dropping off your child if there are any allergies we need to be aware of.

Children are welcome to come to the Science Room from 8:30am. Please do not drop your child off any earlier than this. We welcome any parents who would like to come once a month (or less if we get enough help) to serve and tidy up.



### **Before and After School Care**

Our before and after school care is provided by DS Sports. Click on the link below for more information

<https://www.dssports.org/cardiniaprimary-1-1>

Monday to Friday: Before School Care from 6:30am  
After School Care from 3:30pm - 6:30pm



### **Cardinia General Store**

Shop lunch orders can be ordered any day of the week and will be delivered to students in time for lunch (12:20pm) - sandwiches, hot food and drinks included!

Place your order directly at the shop.



Phone: 5998 8488

### **Term Dates 2026**

Term 1:	Wednesday 28th January - Thursday 2nd April
Term 2:	Monday 20th April - Friday 26th June
Term 3:	Monday 13th July - Friday 18th September
Term 4:	Monday 5th October - Friday 18th December

School Values:

Resilience

Respect

Working Together

Personal Best

Caring



# MAKE-A-WISH FUNDRAISER

We are teaming up with Make-A-Wish Casey Cardinia Branch to raise awareness and funds at our HQ in Pakenham. Massive Inflatable Events, Games, Face Painting, Raffle Prizes & BBQ Lunch.

100% of Tickets Sold, BBQ Lunch & Raffle Tickets go directly to Make A Wish!



 9TH NOVEMBER

## WHATS ON?

5 Inflatables

100% of tickets go towards the fundraiser tally - \$24p/c (2hours)

Special AFL Guest

## TIME SLOTS

10:00 - 12:00 pm  
OR 12:00 - 2:00 PM

\$5 Per Raffle Ticket

1C Venture Way  
Pakenham 3810





Cardinia Primary

# Before & After Care Service

BEFORE CARE

\$2.80\*

AFTER CARE

\$3.40\*

## What's Included

- ✓ Breakfast
- ✓ Afternoon Tea
- ✓ Games, Coaching, Activities for all
- ✓ Extended hours

**FUN - ACTIVE - ENGAGING**



DSSPORTS.ORG

**ENROLL NOW**

\*Prices will vary depending on each families CCS application

## Container Deposit Scheme

Help to raise money for our school by collecting bottles and cans.

At the return-it centres, customers feed their eligible cans or bottles through the machine, then they can enter the zone ID or scan barcode to choose to donate their deposit to the school. We also have a couple of bins around the school to collect eligible bottles (at the office and the middle learning centre) Please check all items placed in the bins at school have the 10c mark.

Your Zone ID Barcode:

**C2100075382**



Cardinia Primary School

