

Cardinia Primary Newsletter



Newsletter No. 3

Thursday 26th February 2026

2405 Ballarto Road, Cardinia

Principal: Mrs. Susan Wepster

Telephone: 03 5998 8323

<https://www.facebook.com/cardiniaps>

Email: cardinia.ps@education.vic.gov.au

Website: www.cardiniaps.vic.edu.au

DATES TO REMEMBER



Term 1	
MARCH	
Wednesday 4th	School Photos
Thursday 5th March	Reading Volunteer Training
Friday 6th	Assembly
Monday 9th	LABOUR DAY PUBLIC HOLIDAY—No students at school
Wednesday 11th March	Reading Volunteer Training
Friday 13th	Yr 6 Sovereign Hill Excursion
Monday 16th	Footsteps Incursion
Wednesday 18th	School Council AGM
Friday 20th	School Fair—3:30—6:30
Monday 23rd	Footsteps incursion
Wednesday 25th	CURRICULUM DAY—No students at school
Thursday 26th	GRIP Leadership excursion—Yr 6 Leaders
Thursday 26th	Summer Interschool Sports—Yr 5 & 6
Saturday 28th	Open Day - 10:00am— 12:00pm
Monday 30th	Footsteps incursion - Footsteps Assembly 3:00PM
APRIL	
Thursday 2nd	LAST DAY OF TERM 1

Dear Parents and Carers,

Volunteering at Cardinia Primary School

At Cardinia Primary School, we truly value the strong partnerships we have with our families. As a small, caring school community, we warmly welcome parents, carers and family members into our classrooms to support student learning ; particularly with reading and writing.

If you have been thinking about volunteering in the classroom, we would love to hear from you.

To ensure consistency and clarity around expectations, all volunteers are required to attend a one-hour training session before helping in classrooms. These sessions provide helpful guidance about working with students, confidentiality, and how best to support learning programs.

Training session dates:

- Thursday, 5 March at 2:30pm
- Wednesday, 11 March at 2:30pm

Please register at the school office if you would like to attend one of these sessions and become a classroom volunteer. We look forward to welcoming you.

Communication at Cardinia Primary School

Clear and accurate communication is very important to us.

Our official channels of communication are:

- Our school newsletter (published every two weeks and available on our website)
- Our school website
- Weekly class/Year Level newsletters
- Our official Cardinia Primary School Facebook page

The fortnightly newsletter contains important information about everything happening across the school, including events, reminders and updates. Each Year Level also sends out a weekly newsletter with more specific classroom information. These publications are our endorsed and reliable sources of information for families.

We also have the Cardinia Primary Parents and Friends group which is run by School Council.

It is important for families to understand that no other Facebook pages, social media groups or internet sites are endorsed by the school. We understand that parents may choose to create their own year-level or class group pages to connect with one another, and that is entirely your choice. However, information shared on unofficial pages may not always be accurate and should not be relied upon as confirmed school communication.

If you are ever unsure about information, cannot find details in the newsletter, or feel something has not been communicated clearly, please check the latest school or class newsletter first. If you still have questions, we strongly encourage you to contact the school office directly. We are always happy to help.

Thank you for your continued support in helping us maintain clear, respectful and accurate communication within our school community.

We have another busy few weeks coming up, with School Photos next week and NAPLAN the week after. Please keep an eye on class newsletters for updates.

Have a great fortnight,

Warm regards,

Susan



The
School
Photographer.

PHOTO DAY

COMING SOON!

Wednesday, 4th March 2026

Head to our website to view the available packages and to place your order

VISIT OUR WEBSITE & ENTER THIS CODE:

Q29488B9



ORANGE:

Cardinia Primary School

www.theschoolphotographer.com.au

School Values:

Resilience

Respect

Working Together

Personal Best

Caring

Beach Picnic



School Values:

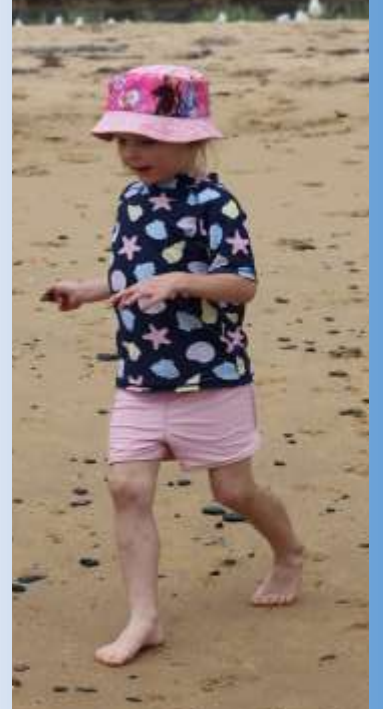
Resilience

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SWIMMING



On the 12th February we held our annual swimming trials. It was fantastic to see so many students giving their best effort in the pool. Well done to everyone who participated and showed great determination and sportsmanship.

On 26th February, Mrs Brand and Mr Carey took nine students to compete at the District Swimming Carnival. Despite a very windy day, our students performed brilliantly, bringing home several ribbons and representing our school with pride. Thank you to the families who came along to support and cheer on our swimmers — your encouragement made a big difference!



OPEN DAY

DISCOVER CARDINIA PRIMARY SCHOOL



Let our Student Leaders take you on a tour and hear why they are proud to be at Cardinia Primary School.

**SATURDAY
MARCH 28TH**

10 AM to 12 NOON

**2405 Ballarto Road,
Cardinia**



Cardinia Primary School
2405 Ballarto Road, Cardinia

03 5998 8323
cardinia.ps@education.vic.gov.au
www.cardiniaps.vic.edu.au





Parenting Adolescents Online Group

This 6-week program offers an opportunity to reflect on parenting and adolescents, and how you can support your child in having the experiences you hope for as they grow. It is suitable for parents and carers of children aged 10 to 17 years.

The Bringing Up Great Kids Parenting Adolescents program supports you as a parent or carer to:

- explore your parenting style.
- learn more about brain development during the adolescent period and its influence on the adolescents thoughts, feelings and behaviour.
- explore new ways of communicating with your adolescents.
- discover ways to take care of yourself, practice self-compassion and how to find support when needed.

Eligibility: Participants must live in the City of Casey, Cardinia Shire, or Greater Dandenong. Unfortunately, we cannot accept registrations from outside these areas.



BOOKINGS ESSENTIAL

Scan the QR code to register
[Parenting Adolescents, Term 1, 2026 –](#)
[Fill out form](#)



COST

Free

DATES

Wednesdays
25th February
4th, 11th, 18th, 25th March
1st April 2026

TIME

10:00am until 12:00pm

LOCATION

Online – A link will be emailed to registered participants.

ENQUIRIES

P: 9704 8377
E: groupwork.south@vt.uniting.org

Uniting



COULD YOU FOSTER A CHILD?

We **URGENTLY** need **Foster Carers**
in your area. Enquire now on how
you can help change a child's life.

[Canifoster.com.au](https://www.canifoster.com.au) | 1800 932 273

YEAR 7 INFORMATION EVENING 2027

DATE:
Tuesday 17th March, 5pm-7pm

LOCATION:
Officer Secondary College



All families welcome.

Registrations essential via Trybooking.
Link available on the college website.



OFFICER SECONDARY COLLEGE

*School tours for prospective
Year 7 students are now
underway!*

SEE OUR CLASSES IN ACTION AND TOUR
OUR FANTASTIC FACILITIES.

BOOKINGS ARE ESSENTIAL.

TO BOOK GO TO:
[HTTPS://WWW.OFFICERSC.VIC.EDU.AU/BOOK-A-TOUR/](https://www.officersc.vic.edu.au/book-a-tour/)



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From the Office



****ALL EXCURSION FORMS AND PAYMENTS NOW IN XUNO****

XUNO is your parent portal to view news and events, book parent teacher interviews, check your child's live attendance, mark absences, view reports, and more. Please contact the office if you have any problems or questions about setting up, and signing in to your account.



Qkr! Is the app that the school is using to accept payments such as: Meal Deals, second hand uniform and fundraising.
Please see the office staff if you need more information about using Qkr!

Breakfast Club

Breakfast club runs each Friday between 8:30-8:45am in the Science Room. This program is government funded and open to all students.

Food available may be Weetbix, muesli, toast with Vegemite or honey, baked beans, spaghetti and fruit cups. Please let us know when dropping off your child if there are any allergies we need to be aware of.

Children are welcome to come to the Science Room from 8:30am. Please do not drop your child off any earlier than this. We welcome any parents who would like to come once a month (or less if we get enough help) to serve and tidy up.



Before and After School Care

Our before and after school care is provided by DS Sports. Click on the link below for more information

<https://www.dssports.org/cardiniaprimary-1-1>

Monday to Friday: Before School Care from 6:30am
After School Care from 3:30pm - 6:30pm



Cardinia General Store

Shop lunch orders can be ordered any day of the week and will be delivered to students in time for lunch (12:20pm) - sandwiches, hot food and drinks included!

Place your order directly at the shop.



Phone: 5998 8488

Term Dates 2026

Term 1:	Wednesday 28th January - Thursday 2nd April
Term 2:	Monday 20th April - Friday 26th June
Term 3:	Monday 13th July - Friday 18th September
Term 4:	Monday 5th October - Friday 18th December

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We're working with The Resilience Project

We're proud to be implementing TRP's evidence-based whole school wellbeing program. Students will engage in weekly lessons to understand and strengthen their practice of **Gratitude**, **Empathy**, **Mindfulness** and **Emotional Literacy**.

Gratitude



Gratitude involves recognising and expressing appreciation for the people, places and things in our lives. Practising gratitude allows us to pay attention to what we have, increasing feelings of happiness and leading to a more positive outlook on life.

Empathy



Empathy involves understanding others' feelings and perspectives and is practised through kindness, compassion and curiosity. Developing empathy fosters deeper connections, increases our likelihood of acting kindly, and helps us experience positive emotions.

Mindfulness



The practice of mindfulness is about an awareness of life as we are living it.

It allows us to be responsive to our experiences rather than being reactive, and to live with greater balance, presence and connection.

Emotional Literacy



Emotional Literacy involves learning to identify and label our emotions, as well as developing emotional regulation skills. When we can accurately name our feelings and emotions, it reduces the impact of uncomfortable emotions and enhances the effect of positive ones.

TO LEARN MORE ABOUT THE RESILIENCE PROJECT, HEAD TO:



@theresilienceproject_



The Resilience Project




The Resilience Project





theresilienceproject.com.au




Week 5 GEM: Try one, or even all of these activities together as a family at home!

 **Gratitude:** Share one small thing from today that made you smile.

 **Empathy:** Think about someone who might have had a hard day. What could you do to help them feel better?

 **Mindfulness:** Take 3 slow breaths together and notice what you hear or see right now.

 **Emotional Literacy:** Name one feeling you felt today and describe why.



Cardinia Primary

Before & After Care Service

BEFORE CARE

\$2.80*

AFTER CARE

\$3.40*

What's Included

- ✓ Breakfast
- ✓ Afternoon Tea
- ✓ Games, Coaching, Activities for all
- ✓ Extended hours

FUN - ACTIVE - ENGAGING



DSSPORTS.ORG

ENROLL NOW

*Prices will vary depending on each families CCS application

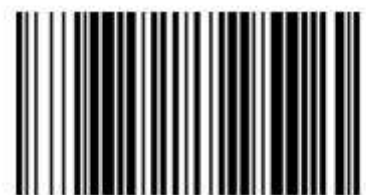
Container Deposit Scheme

Help to raise money for our school by collecting bottles and cans.

At the return-it centres, customers feed their eligible cans or bottles through the machine, then they can enter the zone ID or scan barcode to choose to donate their deposit to the school. We also have a couple of bins around the school to collect eligible bottles (at the office and the middle learning centre) Please check all items placed in the bins at school have the 10c mark.

Your Zone ID Barcode:

C2100075382



Cardinia Primary School

